

Happy
New Year!

Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 1, 2021

JANUARY SUNRISE/SUNSET: 1 7:16 • 5:47 2 7:17 • 5:48 3 7:17 • 5:49 4 7:17 • 5:49 5 7:17 • 5:50 6 7:18 • 5:51 7 7:18 • 5:51

Speaker Series To Begin At BIG ARTS

by Di Saggau

The popular FORUM Speaker Series begins Wednesday, January 6 at 7:30 p.m. in Christensen Performance Hall at BIG ARTS. The first speaker will be Jeffrey J. Selingo. He will address What's the Future of Higher Education and How Will We Get There?

Selingo is widely regarded as the preeminent expert on the trends in university organization and management. The nation's chancellors and the largest state systems pay close attention to his assessments and predictions. "Who gets in and why? What's a MOOC? Will universities go the way of retail malls?" Selingo has the answers and will discuss what's next for higher education.

He said, "When you think of the quintessential college campus, the picture that probably comes to mind is of a leafy quad surrounded by neo-Gothic buildings and filled with young adults fresh out of



Jeffrey J. Selingo photo provided

high school. This image of the residential, place-based experience is so ingrained in our minds because it is the model adopted by thousands of higher-education

institutions in the United States.

"The COVID-19 pandemic has exposed the shortcomings of this standard model. For one, the uniqueness of a residential campus in a specific geographic location is diminished by distance education. It's difficult to differentiate your institution's brand from another college's when everyone is at home learning online. While students will return to physical campuses en masse one day, the new normal in higher education is likely to be a mix of online and in-person.

"What's more, the pandemic has wreaked havoc on institutional budgets, revealing the need for schools to have diversified revenue streams, and thus a diversity of products that provide a clear return on investment to learners. Finally, COVID-19 has accelerated broader shifts in the economy resulting in the need for working adults to access additional education. All this will require substantial changes to the business models of colleges and universities."

I asked what is causing the changes in how universities operate? He said, "There are four simultaneous forces:

"Student demographics are shifting. After a lengthy period of continued growth in the number of high school graduates, the U.S. is headed into a decade of stagnation.

"Students are coming to higher education with varying aspirations. The population of learners in the college pipeline come from Generation Z (born since the mid-1990s) and they have different motivations and mindsets for what they want out of their experience than their parents did.

"The adult student market is splintering. Just as the number of high school graduates is falling in much of the U.S., the demand for education and upskilling among adults is growing. But no longer can institutions think of these adults as a monolithic group of learners. Their purposes for enrolling in college courses, how they want to learn, and what kind of credential they want differ.

"There is increasing attention on the value of a degree and the outcomes institutions are producing. More and more, students and their families are

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SCCF Acquires Acres Of Cape Coral Mangroves

Thanks to the generosity of the Miles family, the Sanibel-Captiva Conservation Foundation (SCCF) is now the proud owner and steward of 38 acres of mangrove and creek in Cape Coral.

The new preserve land is at the mouth of the Caloosahatchee, across from Shell Point Retirement Community. A creek runs through the mangroves, while the adjacent property is in state ownership, making it an ideal acquisition for protecting water quality.

The land was donated by the family of Dr. Franklin Miles, who was the founder of Miles Laboratories, best known for creating Alka-Seltzer, One-a-Day Vitamins, and a popular sedative, Dr. Miles' Nervine.

Through retired Fort Myers attorney Hank Hendry, the Miles family approached SCCF Natural Resources Policy Director Rae Ann Wessel early in 2020 about donating the land. "I believe Dr. Miles would be pleased some of his land is in the hands of SCCF with its dedication to protect and steward Southwest Florida's natural resources and promote best management practices," said Wessel, who retired in May. "Thanks to



Dr. Franklin Miles photo provided

Hank Hendry for making this connection."

Dr. Miles came to Fort Myers in 1904 from Elkhart, Indiana and bought 16,000 acres on both sides of the Caloosahatchee in the area south of College Parkway to Iona Road and across the river in the southwest area of today's Cape Coral.

He used the land to pursue his interest in agriculture, experimenting on a variety of crops, fertilizers and plant diseases. He was the first to cultivate Irish potatoes and



View of donated land (outlined in turquoise) via satellite

gladiola, as he expanded and shared his knowledge of how to grow a wider variety of vegetables in the region's soil.

Dr. Miles' research led him to encourage local farmers and groves to be less reliant on ready-made, commercial

fertilizers by creating their own organic plant food. He warned that local soils could not be built up with commercial chemical fertilizers because he believed they were too soluble. He also believed

continued on page 20

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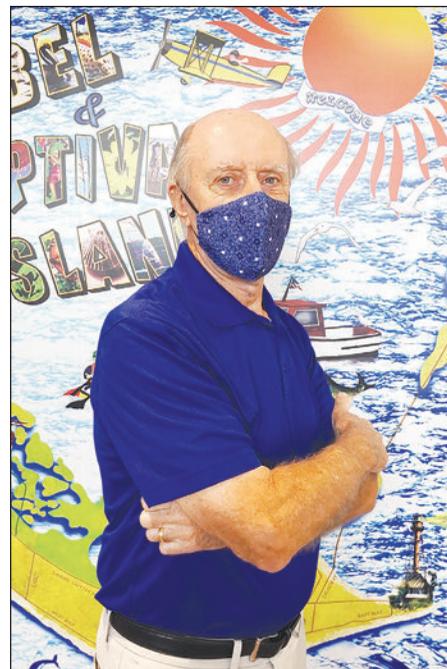
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Mayor Mick Denham photos provided

Snap A Selfie And Enter The Mask Challenge

The Sanibel and Captiva Islands Chamber of Commerce is partnering with Mayor Mick Denham for the mayor's personal mask challenge to celebrate residents, visitors and island employees who are doing their part to be SanCap Safe by wearing a mask while indoors.

To participate:

Create and personalize a face mask or face covering. Masks can be fashionable, flamboyant or ostentatious.

Take a photo of yourself wearing



Chamber President CEO John Lai wearing his holiday face mask

your mask. Masks must be worn indoors at a local business on Sanibel or Captiva island.

To submit your photo, use the hashtag #mayorsmaskchallenge on Instagram or Facebook or email your photo to island@sanibel-captiva.org before the end of each month.

Participants can include island residents, visitors and employees (business owners (City of Sanibel employees and chamber employees cannot be prize winners). There are only two months remaining for the contest; January and February. Two winners will be chosen to win a \$200 cash prize; one winner on Sanibel and one on Captiva. Winners will be chosen by chamber executive board members and the mayor.*

Manatee Madness Art At Nature Store

As part of the Community Housing and Resources (CHR) Manatee Madness fundraiser, "Ding" Darling Nature Store2 in Sanibel Square is displaying one of the artistic manatee mailboxes that will be auctioned off.

Patty Sprankle, longtime "Ding" Darling donor and volunteer, designed and painted her *Spoonie the Manatee* - When manatees can fly mailbox. "Ding" Darling donors Jo and Manny Fernandez sponsored the project.

Spoonie is one of 15 decorated manatees you can view and photograph along the self-guided art tour through March. After that, the manatee mailboxes will be for sale to the highest bidders to support the mission of CHR. Stop by today to get a selfie with *Spoonie* and check out the latest "Ding" merchandise

The "Ding" Darling Nature Store 2 is located at 2250 Periwinkle Way on Sanibel.*



Spoonie the manatee, designed by Patty Sprankle, adorns the entrance to Nature Store2 in Sanibel Square photo provided



See the vintage and classic cars on display, plus new models

photos provided

Auto Collectors Bringing Out The Old And The New

Ring in the new year at San Cap Motor Club's monthly Cruise-in, Cars and Social Distancing this Saturday, January 2 at Periwinkle Place shopping center. Antiques, muscle cars, hot rods and some new models will be on display from 9 to 11 a.m.

There will be complimentary individually wrapped donuts by Bailey's, coffee and soft drinks. Masks are required and hand sanitizer will be available.

There is no better excuse to get that classic car out of the garage and show it off. No pre-registration is necessary.



2021 Corvette

Membership dues will be collected and club T-shirts will be distributed to those in attendance.

There is plenty of parking in the rear of the shopping center. For more information, call Scot Congress at 472-4177 or email scot@scongress.com. ✨

Community House Events

There will be an arts and crafts fair featuring local artisans this Sunday, January 3 from 9 a.m. to 2 p.m. Cost is a \$5 suggested donation.

A shredding event will be held on Saturday, January 9 from 9 a.m. to noon. Cost is \$5 per box or bag.

The Community House will host its reimagined 1927 Gala fundraiser on Friday, January 22 with multiple-course fine dining in the comfort of your own home. The gala will also include an online program of live music, entertainment and a live auction, streamed from The Community House stage. Tickets are \$160 per person (tax deductible) and available at The Community House, online or by calling 472-2155. Sponsorships are also available.

Shell Crafters are on site with their handmade items for sale on Mondays from 10 a.m. to noon. No classes are being offered at this time.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Sissi Janku teaches painting classes on the first and third Wednesdays of the month, January through March. Cost per class is \$60 for members and \$65 for nonmembers.

Every Thursday at 1 p.m., Tommy



The Community House photo by Logan Hart

Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation.

Play the card game Hearts on Fridays at 1 p.m. Open to all levels, \$5 suggested donation.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155. ✨

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Postcard of a beach scene
Captiva Island Historical Society

Landmark: Beach Erosion

This postcard features a beach scene which shows submerged erosion preventing groins and beach erosion evident through the remarkable drop-off visible at the tree line.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are

photo courtesy Captiva Island Historical Society Archives

welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva. ✨

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7.30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9.30 a.m. (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday at 11 a.m. November 8, 2020 through April 25, 2021. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main

Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. View Sunday service online, through Facebook or YouTube. Most services and meetings have transitioned to online formats. Visit website for information on Bible studies and other offerings. Drive Up Communion every Sunday, 9:15 to 10:15 a.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213. ✨

DO YOU KNOW YOUR BIRTHSHELL?

January: The Auger Shell, Garnet The Auger shell is a cool healing shell that invokes calm and is closely connected to water energies. It is also characterized by confidence, strength and clarity. Those born to the auger are known to have extraordinary self-awareness and are seen as very intuitive individuals, empowered with strength, loyalty and known to foster lifelong friendships.

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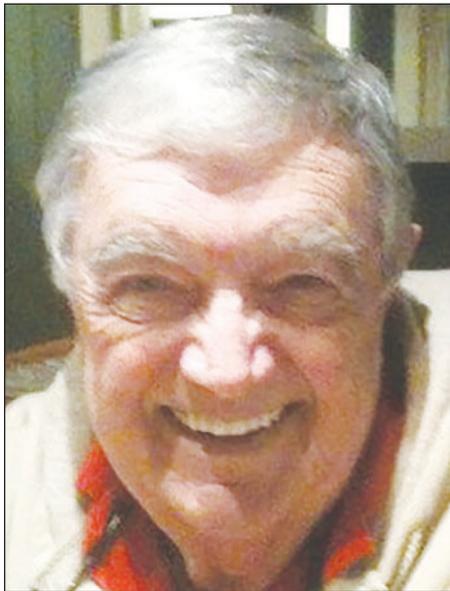
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OBITUARY



JAMES F. GEORGE

James F. George of Girard, Pennsylvania and formerly of Sanibel, Florida died peacefully at home on Friday, December 18, 2020 surrounded by loving family. He was born in East Orange, New Jersey on April 2, 1929, a son of the late James F. and Carmela (Mameo) George.

In addition to his parents, he was preceded in death by his sisters Rose D'Ambola, Anne Finnegan and Florence Ticheo. Those left to carry on his legacy are his devoted wife and best friend of 67

years, Margaret "Peggy" (Collier) George, his beloved dog and companion, Jinx, and his devoted children, Anne Godhard (Bill) and James F. George, Jr. (Linda).

Family was most important of all to Jim. He was in constant touch with his beloved grandchildren, who lovingly called him PopPops, and include Brian Godhard (Sarah), David George (Lacey), Kyle Godhard (Theresa), Eric George, Amy Wilke (Arthur) and two great-grandchildren, Nora and Cece Godhard. Jim is also survived by sister, Helen McDonald, and brother, Allan George, as well as numerous nieces and nephews who will also miss their Uncle Jim.

Jim attended grade school, high school and Upsala College in East Orange, New Jersey. He proudly served the country in the U.S. Army as a sergeant during the Korean War. Prior to his retirement, Jim was a high level executive with various companies which included General Cable Corporation, Carlon Corporation and BF Goodrich. He was a former journalist with the *Island Sun* (Sanibel Island, Florida) and author of two books: *Summer of Fury* (about Hurricane Charley) and *Sanibel and Captiva: Our Islands in the Sun*.

Throughout his life, Jim was involved in music and was a former president of various chorale groups which included Fort Myers Symphonic Mastersingers, Tampa Oratorio Society and Bristol Concert Choir. His additional hobbies included watercolor painting of landscapes, seascapes and pastoral scenes. Jim was also an avid fisherman and low handicap golfer.✪



Artists and crafters will be selling their original works

photo provided

Community House Arts And Crafts Fair Sunday

The Community House is hosting an arts and crafts fair on Sunday, January 3 from 9 a.m. to 2 p.m. Art vendors have been specially selected to participate and the number of sellers has been limited for your protection.

You'll find original art including clothing, crafts, culinary items, jewelry,

pottery, children's books, handpainted scarves, mirrors and greeting cards. All sellers will be situated indoors at The Community House and safety protocols will be strictly followed for everyone's safety. Masks will be required. Temperatures will be scanned, and ingress/egress routes will be limited. The number of visitors will be monitored to enable social distancing.

For more information, visit www.sanibelcommunityhouse.net, or call 472-2155. The Community House is located at 2173 Periwinkle Way on Sanibel.✪



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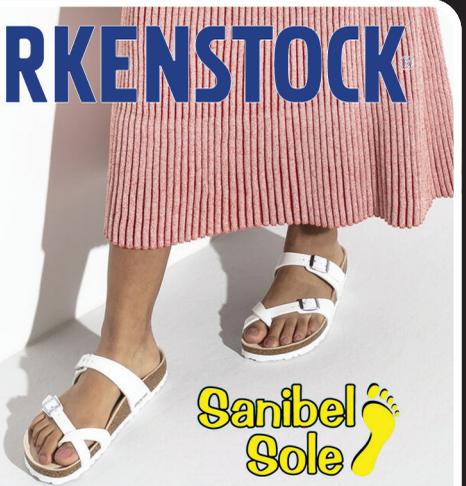
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Juliana Koller with a Florida box turtle
photos provided



SCCF Terrestrial and Freshwater Turtle Volunteer Group

Amazing Year Of Turtle Research On Sanibel

Sanibel-Captiva Conservation Foundation (SCCF) reported an extraordinary year for turtle research on Sanibel despite the setbacks from the global pandemic. All 10 known species of freshwater, brackish and terrestrial species that have been recognized on the islands in the past were documented this year. Three of the four marine turtle species known to nest on Sanibel nested this year.

The highlight was the leatherback (*Dermodochelys coriacea*) that returned to nest more than once. Of the non-marine turtles, the two rarest species known to live on Sanibel – the Florida chicken turtle (*Deirochelys reticularia chrysea*) and Florida mud turtle (*Kinosternon steindachneri*) – were documented multiple times during 2020.

“More than one observation of these turtles in a single year has never been recorded,” said Chris Lechowicz, SCCF director of wildlife and habitat management and herpetologist. There are a few possible reasons for this

anomaly, Lechowicz said, such as extreme high water lasting for a long period of time that caused these two ephemeral species to spend more time wandering on land, or fewer disturbances by human activity due to lower numbers of people circulating during the pandemic.

This year, the SCCF Wildlife and Habitat Department formed the SCCF Terrestrial and Freshwater Turtle Volunteer Group to help survey and document species throughout the island. This has been quite successful because it ensures that many areas of the island are covered.

The first documented chicken turtle nesting event on Sanibel was discovered in January and this species was recently found more than three miles from its known range on the island. Two of these turtles were tracked with radio telemetry throughout the year noting their active and inactive (aestivation) cycles and preferred habitat. The rarest Sanibel turtle, the Florida mud turtle, was documented three times this year and two of them are being tracked with radios to determine their preferred habitats and periods of dormancy.

Many Florida box turtles (*Terrapene carolina bauri*), confiscated from a turtle



Florida chicken turtle

trafficking bust in August 2019, are being tracked with radio telemetry and GPS transmitters on Sanibel. A lot of valuable information is being gathered on translocated versus repatriated box turtles from a hard release (immediate release) that occurred on the island.

This information is being compared to a soft release (in which turtles are penned and acclimated to a new environment before release)

of confiscated box turtles in South Carolina. This data will be used to aid future releases of confiscated box turtles from trafficking busts.

The department would like to thank Mike Mills and Juliana Koller for their hard work and diligence to detail in their field work in challenging conditions, including traversing through heavy vegetation, and extreme amounts of poison ivy and biting insects.*

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image provided

Reserve Early For Community House 1927 Gala

The Community House is hosting its reimagined annual 1927 Gala fundraiser on Friday, January 22. It will include multiple-course fine dining in the comfort of your own home.

Some of the islands' top chefs will prepare their special dishes for a take-home feast, complete with wine. In addition to pick up, a home delivery option will be available. Plan a romantic evening with your significant other, or invite a small group to share the feast.

In addition to a gourmet meal, the gala will include an online program of live music, entertainment and a live auction, streamed from The Community House stage. Details of the dinner menu are still being finalized, but those interested should get their tickets early. Tickets are \$160 per person (tax deductible) and available at The Community House office, 2173 Periwinkle Way, online at www.sanibelcommunityhouse.net or by calling 472-2155. Sponsorships are also available.

The 1927 Gala commemorates the year The Community House was originally opened. The original cottage-style building, which faces Periwinkle Way, is now one of Sanibel's designated historic landmarks. It was built by members of the community who donated the funds, materials and labor to create a place where all islanders could gather for social, civic, cultural and educational activities.

Today, almost 100 years later, The Community House continues its role as the center for social and civic gatherings. A nonprofit 501(c)3 organization, it is operated by the Sanibel Community Association with support coming entirely from membership, user fees and private donations.*

Volunteers Needed For Night To Shine

Night to Shine is a prom night experience centered on God's love for people with special needs ages 14 and older. The event, sponsored by the Tim Tebow Foundation and hosted by Sanibel Community Church, will be held on Friday, February 12.

The 2021 virtual event will allow for guests to participate in the celebration in a safe manner, in their homes, but requires

a lot of volunteers to help with writing encouragement notes, gift bag assembly, participation on home gift bag delivery teams and other support activities.

To register as a volunteer for Sanibel Community Church location activities, visit <https://sanibelchurch.com/night-to-shine-2021/> and/or email scntsvol@gmail.com for more information about how you can participate.

This is a perfect volunteer opportunity for family groups and for individuals seeking meaningful opportunities for fellowship and service. Follow along, see the joy you can be part of on the Facebook page. All gatherings of volunteers will be guided by City of Sanibel COVID-19 guidelines. Masks and social distancing will be required for safety as you participate.*

Monday Night Films At BIG ARTS

BIG ARTS Monday Night Films are shown at 7 p.m. in Christensen Performance Hall and feature a diverse collection of films selected by the volunteers of the committee. Admission to all films is \$10 and tickets can be purchased online at www.bigarts.org or through the box office at 395-0900. The lineup is:

- January 4: *Those Who Remained*
- January 11: *The Reports of Sarah and Saleem*
- January 18: *Just Mercy*
- January 25: *Burning*
- February 1: *A Bag of Marbles*
- February 8: *Invisible Life*

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FISH FACTS

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2020

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BACKPACKS DISTRIBUTED

January - November

2019 2020

1042 **1710**

MEALS-BY-FISH DELIVERY

January - November

2019 2020

2922 **5936**

EMERGENCY FINANCIAL ASSISTANCE

January - November

430 Instances



Create New Garden Beds This Winter

by Melinda Myers

Winter time in Florida is a great time to create new garden beds. Cool, usually drier, weather makes it easier to work in the garden and for plants to establish. Plus, the garden to-do list is often a bit shorter this time of year.

Start by locating the placement, size and shape of this new garden. Always contact your local underground utility locating service at least three business days in advance. It's free and as easy as calling 811 or filing an online request. They will contact the appropriate companies who will mark the location of their underground utilities in your work area. This reduces the danger and inconvenience of accidentally knocking out power, cable or other utilities while you create a beautiful landscape.

Use a rope or hose to outline the area. Avoid tight corners or creating narrow grass borders that will be difficult to mow or require hand trimming.

Once satisfied with the layout, take a soil test and decide how to kill the existing lawn and weeds as needed. A soil test will tell you how much and what type of fertilizer you will need for the plants you are growing.

Next edge the bed. Use a shovel to dig a V-shaped trench around the border of



Renting a power edger will make creating a large garden bed easier and less labor intensive
photo courtesy www.MelindaMyers.com

the garden. Or rent or borrow a power edger to make larger jobs easier.

Once the edging is complete, remove healthy grass with a sod cutter and use it to fill bare spots in the lawn. Or create a planting berm or simply add it to the compost pile. Just place it green side down and wait for it to decompose.

Another method for clearing the grass is to cover the area with cardboard topped with several inches of organic mulch and wait for the grass and cardboard to decompose. You can push back the mulch and cut through the

cardboard to plant immediately.

The next step, an important one, is soil improvement. It is easier to repair and improve the soil before you plant. Plus, time spent now yields years of good results. Add two to four inches of organic matter like aged manure, peat moss or leaf compost to the top eight to 12 inches of soil. These materials improve the drainage in heavy clay soil and increase the water holding ability in fast draining sandy or rocky soils.

Check the labeling on the bag when purchasing these products. Make sure the product you select is U.S. Department of Agriculture (USDA) and U.S. Composting Council Seal of Testing Assurance (STA) certified to ensure quality. USDA BioPreferred certified products are derived from plants and other renewable products, providing an alternative to petroleum-based goods. Look for STA certified compost that is a renewable, consistent, high quality product made from locally available organic material.

Once you mix in the organic matter, rake the garden level and smooth. Your

garden is ready to plant. Fill it with flowering bulbs, perennials, trees and shrubs. Or cover it with shredded leaves or other organic mulch to suppress weeds and prevent soil erosion.

In either case, your efforts this winter reduce your workload and shorten the time to a more beautiful landscape.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses How to Grow Anything DVD series* and the nationally-syndicated *Melinda's Garden Moment TV and radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her website is www.MelindaMyers.com.✪

From page 1

Speaker Series

factoring in the return on investment of a college degree when they decide where to enroll."

For the first time ever, you can live stream all The FORUM lectures in the comfort of your own home. Following the lecture, you may text your questions and comments to the speaker. The program and technical support instructions will be sent one week in advance of each speaker. For more information and to purchase tickets, call the box office at 239-395-0900.

BIG ARTS is practicing the highest standards of safety during this challenging time. All visitors are required to wear masks and are asked to be mindful of social distancing. BIG ARTS is selling only 50 percent of the seats in Christensen Performance Hall. Until further notice, only 200 seats will be available for any event in the hall, and a maximum of 30 people will be allowed in the gallery at any given time. BIG ARTS has enhanced its air filtration system, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering, and there are hand sanitizing stations throughout the ground floor.✪

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Dr. Patrick Hesp will discuss the importance of sand dunes photo provided

Spotlight On Sand Dunes At SCCF Lecture

On Wednesday, January 20, Dr. Patrick Hesp will present a talk called Sand Dunes, A Global & Local Perspective as part of the Sanibel-Captiva Conservation Foundation (SCCF) Evening at the Homestead series.

The presentation will begin at 7 p.m. via Zoom and Dr. Hesp will discuss sand dunes and their importance for shorelines and local communities. A worldwide expert on coastal dunes, Dr. Hesp has worked around the globe and throughout the shorelines of the Gulf of Mexico.

Born in Hawera, in the Taranaki region of New Zealand, Dr. Hesp completed his bachelor's and master's degrees at Massey University in New Zealand, and his PhD in coastal

geomorphology at the University of Sydney in 1982.

Dr. Hesp was awarded a DSc from Massey University in 2013. He has held academic positions in New South Wales, Western Australia, Singapore, USA and New Zealand, and non-academic positions in the Washington State Department of Agriculture, Geomarine P/L, and the Rottnest Island Authority, and has held visiting professorships and fellowships in South Africa, Namibia, Israel, Holland, China, Brazil, Italy, Malaysia, Thailand and France, and has worked on beaches and coastal and desert dunes all over the world. He is an expert on coastal dune geomorphology, and has published over 290 articles in his career to date.

The next Evening at the Homestead is scheduled for Tuesday, March 9 at 7 p.m. The topic will be Florida Needs Fire!, presented by Reed Noss, Florida Institute for Conservation Science.*



Sanibel School students at Pick Preserve photo provided

Students Inspired By Nature

The Sanibel-Captiva Conservation Foundation (SCCF) Pick Preserve, located across the street from

The Sanibel School, served as a perfect setting for a middle school art class recently.

Erica Sharp's art students, observing shapes and structure in nature, sketched plants and trees. They also made leaf rubbing collages.*

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Plant Smart

Wondrous Coontie Cones

by Gerri Reaves

Native coontie (*Zamia integrifolia*) is a beautiful wildlife-friendly asset for a landscape any time of year, with deep green shiny foliage resembling a palm or fern frond.

But when the cones are present at the center of the plant, they make it a colorful curiosity too.

Coontie is dioecious, meaning that separate plants bear the male and female parts, pollen cones and seed cones, respectively.

Both male and female cones are velvety in texture and vary from reddish brown to purple. Male cones are slender and generally cylindrical. Up to seven inches long, they have brown scales and interior pollen sacs. In contrast, the female cones are squatter and more round. The bright orange-red angled seeds remain hidden until they mature and swell enough to cause the cone to fall apart.

The large seeds are reminiscent of candy corn... but beware. They are poisonous, so take care to keep them away from children and pets. However, they are a food source for large birds such as jays and small mammals.

Despite the compound leaf structure, this cycad that dates to the pre-dinosaur era, is more closely related to pines than to ferns or palms. It is a gymnosperm, a member of a group of cone-bearing plants



Male coontie cones have a velvety surface and interior pollen sacs

photos by Gerri Reaves

that includes conifers, cycads and ginkgo. In fact, zamia is Latin for pine nut or cone.

It is the only cycad native to the U.S. and thus closely related to cypresses and cedars. Gymnosperms have seeds that are unprotected by an ovary or fruit, and they lack fruit and flowers.

In the wild, coontie grows in pine flatwoods and rocklands, shell mounds, scrubs and hammocks. A member of the sago-palm family, it is slow-growing and drought-tolerant once established. It prefers full sun, dry conditions. It is not salt tolerant.

Another reason to plant this shrub-like



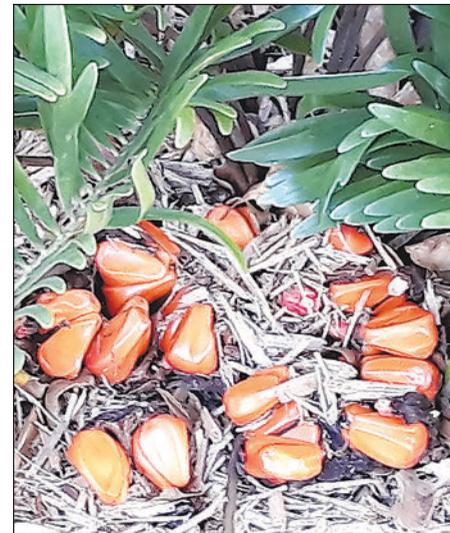
Female cones are shorter and rounder than male cones

groundcover in your yard is because it's the host plant of the atala butterfly, once thought to be extinct, and the echo moth.

The state lists it as "commercially exploited." An alternative common name, Florida arrowroot, points to one of the reasons for that status.

The starchy underground stems, or tubers, of the slow-growing plant have long been harvested for flour by native peoples and pioneers using a special process to neutralize the toxins.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Gardening for Florida's Butterflies*



Upon maturity, the female plant's swollen, brightly colored toxic seeds break the cone apart

by Pamela F. Traas, *Growing Native* by Richard W. Workman, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Right Plants for Dry Places* by Sheryl Bowman et al., *Wild Places for Survival in South Florida* by Julia F. Morton, www.chronicleonline.com, <https://fairchildgarden.org>, www.fnps.org, <http://sfrc.ufl.edu>, and www.regionalconservation.org.

*Plant Smart explores the diverse flora of South Florida.**

Spotted Seatrout Season Reopens

As of January 1, spotted seatrout has reopened to recreational harvest in the central east seatrout management zone, which includes all state and federal waters from Palm Beach through Volusia counties.

Spotted seatrout, as well as red drum and snook, also remain catch-and-release only in Southwest Florida through May 31 in waters from the Hernando/Pasco county line south through Gordon Pass in Collier County.

To learn more about spotted seatrout, visit www.myfwc.com/marine and clicking on "Recreational Regulations" and "Spotted Seatrout" under the "Regulations by Species - General Species" tab.*

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Christmas Cool Down



by Capt. Matt Mitchell

The coldest Christmas we have had in 25 years meant a drastic drop in our water temperature. The cold snap kept all but the most diehard anglers off the water for at least a few days. Anglers who braved the conditions were rewarded with some of the best sheepshead action so far this winter. This amazing sheepshead bite occurred in a variety of places.

Having to wrap up in ski gear to brave this bone-chilling cold is not our usual Florida fishing.

We stayed deep in mangrove creeks and in out-of-the-wind conditions, but it was quite pleasant when the sun came out. These sheltered creeks held lots of rat redfish and trout. This action was nonstop once you located the spot these fish had chose to ride out the cold. Holes deeper than five feet often held these fish by the hundreds. This is the normal pattern during extreme cold temperatures as both these species seek refuge from the colder shallow flats.

Dock fishing both around the passes and off the intercoastal was also a good choice. The moving tide was the major factor to locating the best dock to fish. My anglers not only caught sheepshead up to 20 inches while fishing this pattern but also lots of redfish too.

The colder the water, the smaller and slower you need to fish your bait. Chunks of fresh shrimp rigged on a jig head and allowed to sit stationary on the bottom got bites when no other method would. Even though there were plenty of shiners around, they just did not get bit when the water was in the low 60s.

This weather proves that there is not bad weather just bad clothing. Our Florida cold is always manageable when you're wrapped up in layers. Dress in layers when heading out on the water. Seeing clients from some frigid northern location show up in shorts this time of year is a recipe for an unpleasant experience. Even if you think you're going to be way overdressed, it's always better than not being prepared. When it's 50 degrees on the water and you're moving 30 mph in an open boat, it is cold no matter where you are from.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*



Sam from Austin, Texas caught a big redfish with Capt. Matt Mitchell this week

photo provided

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CROW Case Of The Week:

White Pelican

by Bob Petcher



The white pelican (*Pelecanus erythrorhyncho*) is a large aquatic bird with a hefty bill and an oversized throat pouch. White pelicans spend a lot of time on the water and nest on isolated

islands in lakes, rivers or bays.

At CROW, an adult female white pelican was admitted from Sanibel where it was found floating just off Picnic Island between Sanibel and St. James City. It was reported that the bird could not fly and did not appear to have mobility in her legs. Upon examination, the pelican was not responding to visual stimuli and had limited use of the legs – both indications of possible red tide poisoning.

“Given the patient’s response to IV fluids, injectable lipid therapy which provided calories/nutrients and reversed neurologic/cardiac toxicity and supportive care, we feel fairly confident that this animal was suffering from brevetoxicosis – red tide poisoning,” confirmed Dr. Sasha Troiano, CROW veterinary intern. She reported that CROW sees roughly 400 red tide cases annually and took in 100 cases of the toxin illness in the past couple months.

In addition, the pelican had lacerations



Patient #20-5405 has company during her rehabilitation

photo by Becca Wehmeier

and a severe parasite infestation in her pouch. The pelican was given IV fluids, oral medication and placed in supportive care.

“The pouch laceration was old and already healed, and likely completely unrelated to the reason for admittance,” said Dr. Troiano. “White pelicans are susceptible to many different parasites, both internal and external. Oftentimes, there are low levels of infestation even in healthy animals, but if an animal becomes debilitated, these levels can increase, causing secondary issues. It is likely that the feather lice and pouch lice burden was heavier in this bird due to the

brevetoxicosis.”

Five days after admittance, staff noted that the patient was still not eating voluntarily, but was tolerating assisted feeding well and gaining weight. Later that same day, the pelican was found lying down and had regurgitated her food. Veterinarians suspected the cause was a rare, but potentially life-threatening reaction to one of the medications, leaving her in critical condition. The staff’s quick action helped the pelican get back on the road to recovery and, two days later, she had recovered from the suspected drug reaction.

“We suspect this pelican had an

individualized adverse reaction to the deworming medication it was given,” said Dr. Troiano. “Adverse drug reactions can develop unpredictably in susceptible individuals and do not occur at any dose in most patients, making these reactions essentially impossible to predict.

“Pelicans often have a variety of gastrointestinal parasites and, once they are stable, we deworm them to lessen the worm burden. If the worm burden is high enough, or the patient is not stable/well hydrated, as the worms die, they can sometimes cause gastrointestinal obstruction, which is a serious complication. This usually occurs in 24 to 48 hours after deworming. In this case, the neurologic reaction was within an hour or two of drug administration, which has not been reported in literature. Adverse drug reactions can occur in any species with any medication.”

Four days later, the white pelican was eating well on her own and was moved to an outdoor enclosure to continue her recovery.

“The patient is doing very well and is currently continuing rehabilitation in an outside enclosure,” said Dr. Troiano. “The pelican is eating well and continuing to gain weight. It will be released once it is in a better body condition.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Red cedar berries

photo provided

Native Conifers Enhance Landscape

It's the time of year for conifers to shine. Interestingly, conifers have been used for thousands of years to celebrate winter.

Their leaves stay green year-round, branches (or entire trees) were often brought indoors to remind people of spring and were thought to bring good luck, fertility and protection.

In Florida, there are several conifers

native to the southwestern region: slash pine (*Pinus elliottii*), longleaf pine (*Pinus palustris*), sand pine (*Pinus clausa*), bald cypress (*Taxodium distichum*), pond cypress (*Taxodium ascendens*) and red cedar (*Juniperus virginiana*).

Red cedar is one of the more interesting native conifers. It is native to 37 states in the U.S. and is an extremely hardy tree, growing in almost any type of condition (except wet soils). Its leaves, fruit and wood have been used for a multitude of purposes including lumber, traditional medicines, drinks and teas, cooking, perfumes and incense. In addition, the blue berries, found

only on female plants, are a preferred food source for many birds, including cedar waxwings (*Bombycilla cedrorum*), which are named for the plant.

It makes a wonderful addition to any native landscape. Just make sure to have plenty of room, as it grows to 30 to 50 feet tall.

The Sanibel-Captiva Conservation Foundation (SCCF) Native Landscapes & Garden Center at the Bailey Homestead Preserve is closed for the holidays. It will reopen on Monday, January 4. Hours

are 10 a.m. to 3 p.m. Monday through Thursday. Contactless deliveries and curbside pickup will continue. The next on-island delivery and curbside pickup will be Wednesday, January 6. Place your order online at www.sccf.org by midnight on Tuesday for pickup or delivery that Wednesday.

Email Sue Ramos, garden center assistant, at sramos@sccf.org with any questions or requests. Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.✱

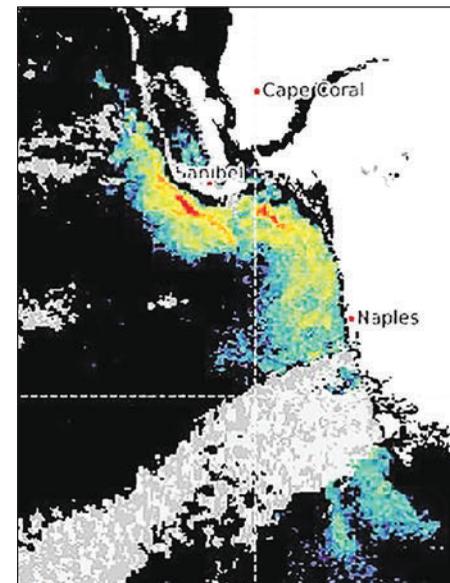
Marine Lab Continues To Monitor Red Tide

The latest satellite imagery still shows patches of dinoflagellate (*Karenia brevis*) blooms near Sanibel. The hotter colors indicate higher concentrations.

"The satellite imagery is not able to quantify the blooms," said Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab Director Eric Milbrandt, "but it is a great tool for understanding their extent throughout Southwest Florida."

The imagery is provided by NOAA and is available most days, unless there is heavy cloud cover. The gray splotches in this image are areas where cloud cover blocked the satellite view of the Gulf of Mexico.

Daily samples collected by SCCF and Sanibel Sea School at local beaches indicated medium concentrations (100,000 to 1,000,000 *Karenia* cells per liter) last



Satellite imagery image provided

week. As of December 23, counts at Sanibel beaches were down to zero.✱

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New Education Intern At CROW

Haillie Mesics has joined the Clinic for the Rehabilitation of Wildlife (CROW) as its newest conservation education and marketing intern. The six-month internship began on December 1.

Mesics, who grew up in East Burke, Vermont, received her bachelor of arts in philosophy with concentrations in legal advocacy, sustainability and wildlife conservation from the University of Tampa in 2018. Before arriving at CROW, Mesics completed a wildlife care internship at the Center for Wildlife in Cape Neddick, Maine.

The conservation education and marketing internship is a six-month program designed for those interested in pursuing careers in environmental conservation, communication or other related fields. Interns learn about CROW on an organizational level and apply the information through public speaking engagements and outreach events. They also learn about the impact of communication through social media outlets and community partnerships with local newspaper and media companies.

"I'm hoping to gain a greater understanding of the vast biodiversity in coastal environments along with finding new and interesting ways to engage the public on what can be done to protect/preserve these wild spaces," said Mesics. "I also hope to supplement my wildlife rehabilitation knowledge with marketing



Haillie Mesics photo provided

skills to better understand the functionality on the business end of a nonprofit organization."

Mesics will be engaging with visitors to the education center and during events along with helping develop content for CROW's social media pages, website and news stories. Her aspirations extend beyond the internship into helping wildlife through legislation.

"Ideally, I would like to continue my experience in wildlife rehabilitation and, eventually, attend law school," she said. "This path would allow me to immerse myself in practical knowledge that can be utilized to develop future legislation

protecting wildlife and preserving natural ecosystems."

If you would like to learn more about

internships and externships offered at CROW, visit www.crowclinic.org/articles/student-programs.✪

Sea Turtle Team Documents Unusual Crawl

The nesting season for loggerhead sea turtles in Southwest Florida typically runs from April 15 through early August. Green turtles start and finish nesting slightly later and it's not uncommon for them to nest through August and September.

This year, on November 16, long after the nesting season ended, the last false crawl of the season was documented on Sanibel's east end. It was difficult to identify the species based on the tracks because she crawled through very compact sand, and any evidence of a tail-drag would have been difficult to see.

The crawl displayed an alternating pattern characteristic of both loggerheads and hawksbills, but it was made by a small turtle. The track was only 27 inches wide.

Loggerhead track width ranges from 28 to 49 inches (averaging 37 inches) and hawksbills are slightly smaller, typically 27 to 31 inches wide.

Though it has not been confirmed, the Sanibel-Captiva Conservation Foundation (SCCF) sea turtle team believes this turtle was likely the very first hawksbill on local beaches. Hawksbills can nest year-round with "peaks" in June and December, so



Turtle tracks found on the beach

photo provided

the timing of the crawl fits as well.

The unusually late nesting activity is not limited to Sanibel and Captiva beaches. On December 7, the latest nest on record statewide was laid by a green sea turtle in Brevard County. One explanation may be that the green turtle population has grown exponentially. Or there may be a higher number of females nesting during the typical nesting season, with more outliers, or individuals, nesting on the margins of the season.✪

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-Myton Ireland

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Shell Of The Week

The Beautiful Caecum



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

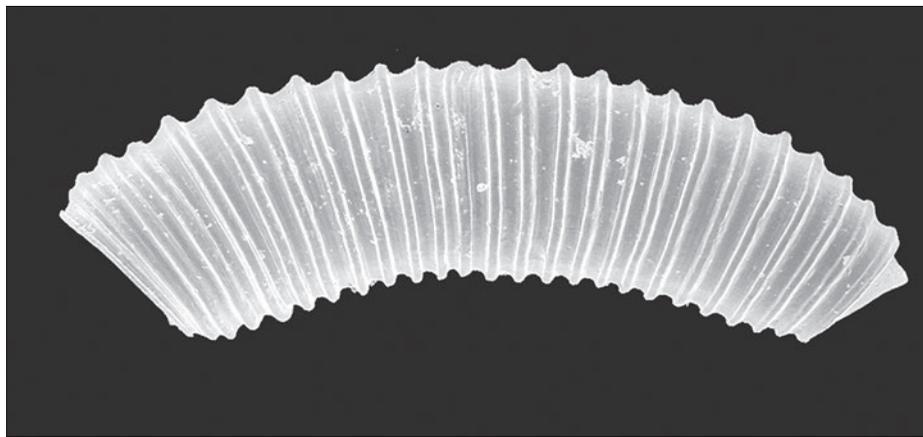
At 2.5mm (about 0.1 inch),

Caecum pulchellum Stimpson, 1851 is

a local member of the family Caecidae, a group of marine microgastropods that have spiral juvenile shells that become cylindrical in the adult stage. The juvenile shells of caecums actually “fall” at the inception of adulthood. The Beautiful Caecum has a shell sculpture of about 20 “rings” that are half as wide as the interspaces separating them. The color is white or tan. The image was taken with a Scanning Electron Microscope. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To



The Beautiful Caecum, *Caecum pulchellum*, from Sanibel

photo by José H. Leal

make a secure donation, visit www.shellmuseum.org.

The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.*

Changes To Scheduling At ‘Ding’ Darling

The JN “Ding” Darling National Wildlife Refuge on Sanibel has changed its scheduling due to the lingering effects of the pandemic. Starting Sunday, January 3, the “Ding” Darling Visitor & Education Center will be closed every Sunday until further notice. The front desk and Refuge Nature Store will be open in the center Monday through Saturday from 9 a.m. to 4 p.m. All

exhibits remain closed.

The restrooms will stay open daily from 9 a.m. to 4 p.m. and Wildlife Drive will continue with its seasonal schedule of Saturday to Thursday from 7 a.m. to 5:30 p.m. Tarpon Bay Explorers recreation concession will operate according to its regular schedule.

The Visitor & Education Center will be closed on December 31 and January 1.

Beginning February 1, the refuge will begin offering a regular schedule of free programs five days a week. In January, it begins its free artist-in-residence programs, featuring Fort Myers artist Rachel Pierce. Watch for more details at www.dingdarlingsociety.org.*

American Legion Post 123

Happy New Year from American Legion Post 123!



There will be a fish and shrimp fry this Sunday, January 3 from noon to 8 p.m. The public is welcome.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m. All are welcome to come out and play.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Stop by and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.*

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SCCF Shorebird Biologist Audrey Albrecht and Morgan Hester of CROW counting birds on a sandbar photo provided

Christmas Bird Count Complete

On December 19, volunteers on Sanibel and Captiva participated in the 121st annual Christmas Bird Count, organized by the

Sanibel-Captiva Audubon Society. Participants typically meet at the Sanibel-Captiva Conservation Foundation (SCCF) Nature Center to start the day with coffee and donuts, and gather again later to tally the results of their counts. Due to COVID-19, this annual gathering did not occur. Instead, small groups or



The laughing gull with an orange bill and legs has been observed for the last few years

individuals went out to conduct their surveys and results were tallied by section leaders remotely. Results are still being tallied.

"There have been large groups of gulls and terns numbering in the thousands gathering on the east end of the island in recent days, which added a large number to the count," said SCCF Shorebird Biologist Audrey Albrecht. "Many of these birds have been observed feeding

on the dead fish, eels, crustaceans and mollusks brought in by the red tide, which may lead to them suffering the effects of brevetoxicosis."

During the count, an aberrant laughing gull was observed. It has some form of depigmentation, causing it to have an orange bill and legs instead of black. "It has been observed on Sanibel and along the causeway every winter for the last few years," Albrecht said. ✧

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Home After The Holidays



by Allison Havill Todd

Though the holidays can be a magical time for many, the weeks and months following can often be a nightmare for pets that were purchased as presents and

then not properly cared for. Animal shelters across the country report a significant increase in pets that were purchased as gifts being turned in by their owners following the holidays. The cute, fluffy little puppy or kitten that was purchased from a pet store, Internet site or advertisement ends up at a shelter because its buyer wasn't prepared to commit to caring for it properly.

Most reputable animal shelters discourage giving pets as gifts as a rule, and many have a policy to take back pets they adopted out if the situation doesn't work for the humans or the animals. First, they suggest, if you have given careful thought to bringing an animal into your home (or someone else's), that you give a pet-related item as a gift, such as a collar, dog toy or treat and then come in to the shelter after the holidays together so that all individuals involved can decide on the best pet for their home



Some breeds, like the Siberian husky, are high energy and require a lot of exercise

photo courtesy

Lee County Domestic Animal Services

and lifestyle. A high energy dog needs an owner who can dedicate the necessary time to training and exercise, whereas a senior dog may do better in a calmer environment.

Unfortunately, the purchase of pets from pet stores and Internet sites is fueled by the puppy mills which support their supply and encourage impulse buys. The well intentioned "gift" starts to lose its novelty quickly and becomes another discarded toy. Only this toy is a living, breathing animal that requires love and care, not a disposable object. Jennifer Galloway, executive director of the Gulf Coast Humane Society (www.gulfcoasthumanesociety.org) said, "We find after the holidays that folks who thought a puppy or kitten was a good idea then realize the amount of work that goes into properly raising them." She further stated a significant increase in owners surrendering their animals in January and February.

Karen Fordiani, public information specialist for Lee County Domestic Animal Services (www.leelostpets.com), said of the animals in their care, "These pets are our family; we want to make sure what you pick out is right for them and for you." Anyone preparing to adopt a pet should understand that it can be a 10- to 20-year financial and emotional commitment.

Sadly, there are some shelters that become overpopulated and start offering "free adoptions" or reduced adoption fees prior to the holidays, which encourages people to adopt for the wrong reasons. If someone can't afford the adoption fee, it's unlikely they'll be able to afford to care for the pet and provide the proper training, nutrition and veterinary care.

"Bringing a pet into your home is a huge commitment, and the decision should never be an impulsive one," said Liz McCauley, executive director of the Cape Coral Animal Shelter (www.capecoralanimalshelter.com). These animals do not instinctively know what is expected of them. They require time, training, patience, love and a commitment for the life of that pet. Animals speak a different language than we do, but with some basic training and understanding, both owner and pet will

be much happier.

Before surrendering your new pet because it's not behaving as you would like, explore all the options first. Seek help from a professional trainer. Contact one of the local shelters mentioned in this article for a recommendation. There are many dog trainers who work directly with local animal shelters and offer training programs at significantly reduced fees for dogs that are adopted. Remember, you made a commitment to care for your pet when you decided to bring it into your home. It deserves a good home after the holidays and for the rest of its life.

*Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.**

From page 1

Mangroves

they would easily leach out of the soil during heavy rains.

Instead, he encouraged the use of both vegetable and animal waste used by farmers in the Orient for thousands of years as a more economical, sustainable approach. Longtime residents recall the time when the Iona area and the land where Gulf Harbour is today were all gladiolus fields and the logo of Lee County was a gladiolus.*

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Jean Le Boeuf, News-Press



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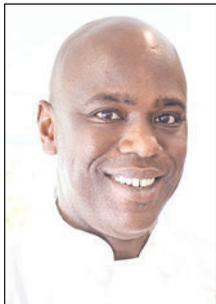
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The Community House

The Shallot



by Resident Chef Jarred Harris

Shallots are a variety of onion, native to Southeast Asia. They were introduced to Europe in the 11th century and the Mediterranean regions in the 12th century. Shallots are often mistaken for green onions and in the Caribbean and West Indies, green onions are often referred to as shallots. This wonderful vegetable is related to garlic and has a similar bulbous structure which contains cloves or shallots.

There are many different varieties of shallots. They are all different shapes, colors and sizes. The banana shallot, French grey shallot, pink shallot and green shallot all have a mild onion flavor and can be used as an onion substitute.

Shallots are valued not only for the unique flavor they add to dishes, but for the nutritional value as well. Shallots

are high in potassium, iron and copper. They also boost circulation, speed up digestion, lower blood pressure and help manage diabetes. Shallots are an excellent antifungal and contain antibacterial properties. The best nutritional bonus about shallots is the high content of antioxidants, including kaempferol and quercetin.

Here is a simple recipe to try.

Caramelized Shallots

- 1/2 stick butter
- 2 pounds shallots (peeled)
- 1/4 cup sugar
- 1/4 cup red wine vinegar
- 1/2 tsp. sea salt
- 1/2 bunch flat leaf parsley (chopped)

Method

Pre-heat oven to 400F

Melt the butter in a skillet or heavy bottom pan.

Add the shallots and sugar, then cook until the shallots begin to brown.

Add the vinegar and salt to the pan, remove from the heat and place in the oven.

Bake in the oven until the shallots are tender. (about 10-15 minutes).

Remove from the oven and sprinkle the parsley on top of the shallots.

Serve hot.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

Entries Sought For Art Exhibit

The Sidney & Berne Davis Art Center has opened a call for artists now through April 23 for the Functional Art Exhibition. This group show, which is curated by Cesar Aguilera, will open in the Capital Gallery on Friday, May 7 from 6 to 10 p.m. and close Thursday, May 27.

Functional art is generally applied art – art created for use, not necessarily everyday use, but designed to serve a purpose and with an aesthetic in mind. It's art that serves a function, but is designed artistically for the purpose of beauty. The genre is remarkably inclusive: it encompasses everything from furniture and lighting to dishes and even books.

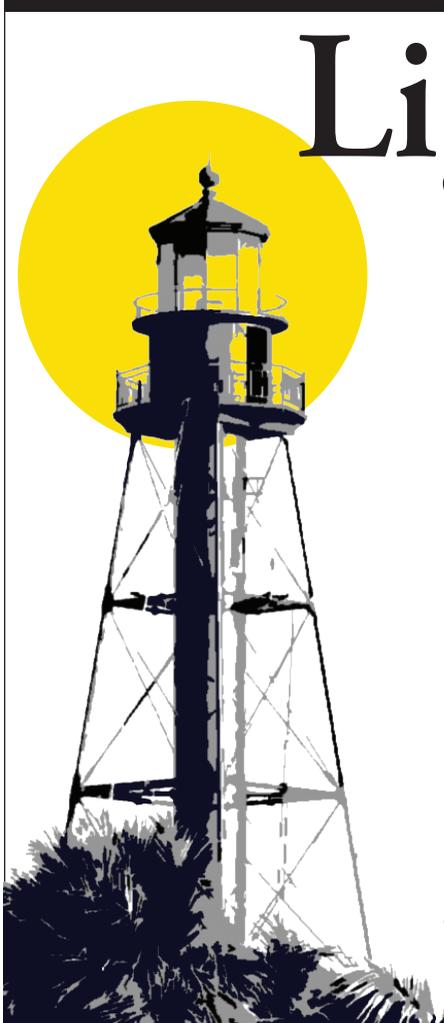
The following are guidelines to submit artwork for consideration:

- Submission is at no cost;
- Art created for this exhibit has to be functional (a lamp, a chair, a table, etc.);
- Art can be from a repurposed piece of furniture or created from scratch;
- Artists can submit up to three pieces for consideration;
- There are no size restrictions, as long as it can fit through the door and in the elevator;
- Provide a title for the piece(s), as well as the dimensions, media used, weight and a sale price. There is a 60-40 percent split of cost for artist-venue;
- Any media can be used. We encourage experimentation;
- Attach quality images (no larger than



Table lamp photo provided

1.5 megabytes) of each completed piece; Artists not from the Southwest Florida area are responsible for any and all shipping costs for the delivery of accepted artwork and the return of unsold work; Pending acceptance, artwork must be ready to display. Pedestals can be provided for small-scale works. Any works not display-ready upon the drop-off date are subject to rejection; Artwork must have been produced within the past 24 months; The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com/functional-art.*



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Chicken and Vegetable Pot Pie

3 chicken breasts or 4 thighs, medium dice

- 2 cups carrots, medium dice
- 2 cups potatoes, medium dice
- 1 stalk celery, small dice
- 1/2 sweet onion, small dice
- 2 cups frozen peas
- 4-6 cups chicken or vegetable broth
- 1 cup heavy cream
- 1 tablespoon garlic, minced
- 2 tablespoons fresh thyme
- 2 tablespoons unsalted butter, to taste
- 2 tablespoons olive oil
- 1/2 cup all-purpose flour
- Frozen/prepared pie crust or puff pastry for topping

1 egg, beaten
Sea salt and fresh ground pepper, to taste

Preheat oven to 375 degrees.

Preheat a large pot over medium-high heat. Season the chicken with salt and pepper and sauté for 5 minutes. Add in the fresh thyme, garlic, onions, carrots, celery, peas, and potatoes. Stir to combine and season with salt and pepper. Sprinkle mixture with flour and



Chicken and Vegetable Pot Pie

stir to coat everything, cook for 1 to 2 more minutes before slowly whisking in the stock (start with the least amount of liquid and add more until desired thickness). Bring to a boil for 3-5 minutes then remove from heat and add in heavy cream, stir to combine.

Before filling dish or dishes, cut out shape of crust making sure it is larger

than the diameter of the dish. Pour pot pie mixture into individual ramekins or casserole dish. Brush the outside of the dish with egg wash and top with pie crust or puff pastry, press to seal or crimp the edges. Cut small slits in the middle of the pie crust or puff pastry for venting, and brush tops with remaining egg wash. Place onto baking sheet and bake for

30-60 minutes (depending on size of baking dish), or until tops are golden brown. Remove from oven and serve (will be extremely hot).

Fresh Tip: Any extra filling can be turned into a soup for a bonus meal. Just add more chicken or vegetable broth, more vegetables, and cook until vegetables are tender.*

photo courtesy Fresh From Florida

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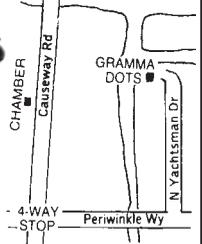
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New Techniques in Pastel and Preservation with Donna Filomio – Monday, January 18, 9 a.m. to 4 p.m., member \$145; nonmember \$181.

The Joy of Writing with Vicky Lettmann – Mondays, January 18 to February 22, 9:30 to 11:30 a.m., member \$110; nonmember \$138.

Seed Bead Weaving: Spiral Rope Technique with Anita Gober – Wednesday, January 20, 9 a.m. to noon, member \$57; nonmember \$72.

Art Evening: Shorebird on Palm Bark with Jenny Licht – Thursday, January 21, 6 to 9 p.m., member \$44; nonmember \$55.

Zentangle with Meg Scott – Thursday, January 21, 9:30 a.m. to noon, member \$35; nonmember \$44.

Drawing Basics with Douglas David – Saturday, January 23, 9:30 a.m. to 3:30 p.m., member \$125; nonmember \$156.

Paint Seascapes in Oil with David Douglas – Monday and Tuesday, January 25 and 24, 9:30 a.m. to 3:30 p.m., member \$250; nonmember \$313.

Virtual Workshop: One Day Drawing Workshop: Ears with Francesco Gillia – Tuesday, January 26, 9:30 a.m. to 3 p.m., member \$95; nonmember \$119.

Art Evening: Glitzy Jellyfish on Canvas with Jenny Licht – Thursday, January 28,



6 to 9 p.m., member \$55; nonmember \$69.

Palette Knife Painting in Oil from Landscape Photography with Jan Atkielski – Friday and Saturday, January 29 and 30, 9 a.m. to 3:30 p.m., member \$160; nonmember \$200.

Art History: Casualties of War with Anne-Marie Bouche – Mondays, February 1 to 22, 9 a.m. to noon, member \$188; nonmember \$235.

Portrait Drawing/Painting with Mary Klunk – Monday, February 1, 9:30 a.m. to 3 p.m., member \$55; nonmember \$69.

Adobe Photoshop (Beginner/Intermediate) with Denny Souers – Mondays, February 1 to 22, 1 to 4 p.m., member \$80; nonmember \$100.

Figure Drawing from Photographic References with Francesco Gillia – Tuesdays, February 2 to 16, 9:30 a.m. to noon, member \$93; nonmember \$116.

Pastels with Mary Klunk – Tuesdays, February 2 to 23, 9:30 a.m. to noon, member \$85; nonmember \$106.

Glass Fusing with Petra Kaiser – Wednesdays, February 3 to 24, 9:30 a.m. to 12:30 p.m., member \$99; nonmember \$124.

How Three (3) Pandemics Changed Our World with James Rudin – Wednesdays, February 3 to 17, 9:30 to 11 a.m., member \$80; nonmember \$100.

Glass Fusing with Petra Kaiser – Thursdays, February 4 to 25, 9:30 a.m. to 12:30 p.m., member \$99; nonmember \$124.

Photography, Intermediate/Advanced with Denny Souers – Thursdays, February 4 to 25: first class, 9 a.m. to noon; classes 2, 3 and 4, 7 a.m. to noon, member \$111; nonmember \$139.

The Science and Philosophy of Human Consciousness and The Evidence for Its Survival After Biological Death with Ran Niehoff – Fridays, February 5 to 19, 9:30 to 11 a.m., member \$80; nonmember \$100.

Life Drawing – Open Studio Non-Instructed with Carol Rosenberg – Fridays, February 5 to 26, 9:30 a.m. to noon, member \$69; nonmember \$86.

Music and Art Series with Thomas Cimarusti – Tuesdays, February 9 to 23, 9:30 to 11:30 a.m., member \$95; nonmember \$118.

Art Evening: Life is Better in Flip Flops with Jenny Licht – Thursday, February 11,

6 to 9 p.m., member \$58; nonmember \$73.

Beginner Pastel with Donna Filomio (Virtual Workshop) – Friday, February 12, 1 to 4p.m., member \$85; nonmember \$106.

Basket Class: Un-Basket with Gisela Damandl - Thursday & Friday, February 18 through February 19, from 9:00 a.m. to 4:00 p.m. Member \$121; nonmember \$151.

Opera, DVD and Discussion with Thomas Cimarusti – Friday, February 19, 1 to 4 p.m., member \$40; nonmember \$50.

Sunrise & Sunset: Capture the Glow in Watercolor with Patty Kane – Monday and Tuesday, February 22 and 23, 9 a.m. to 3 p.m., member \$175; nonmember \$219.

One Day Drawing Workshop: the Nose with Francesco Gillia – Tuesday, February 23, 9:30 a.m. 3 p.m., member \$95; nonmember \$119.

continued on page 26

Expect Nothing Less.



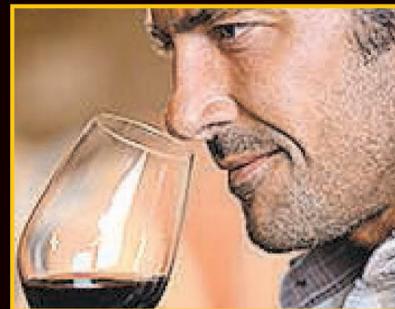
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BIG ARTS Monday Night Film Series

Those Who Remained

by Di Saggau

The BIG ARTS Monday Night Movie for January 4 is *Those Who Remained*, a drama from Hungary dealing with the healing process of Holocaust survivors through the eyes of a young girl in post-World War II Hungary. Many films deal with the suffering of the Holocaust years, but far fewer focus on those who managed to return from the camps. This film tells the story of two traumatized survivors whose relationship helps them to heal.

Having survived the camps, 42-year-old Aldo lives a solitary life as a doctor in Budapest. He has an ob-gyn practice. His wife and two small boys perished in the camps. Sixteen-year-old Klara lives with her great-aunt, holding on to hope that her father and mother will return. She and Aldo meet and soon find something in each other that has long been absent in their lives.

We first meet Klara in Aldo's clinic. She's dismissive of her school classes and classmates, unhappy in the home she shares with her great-aunt and in denial about the fate of her parents, to whom she continues to write long letters. She senses



image provided

a kindred spirit in Aldo and bombards him with questions and doesn't hesitate to question his lifestyle and even his clothing choices. She's also an intelligent young girl and her statement that "It's harder for us than those who left," strikes a note with Aldo. Soon he is acting as a foster father.

The director demonstrates remarkable delicacy in the relationship between

Aldo and Klara. As the Soviet Empire rises to power in Hungary, their pure and loving father-daughter relationship is misunderstood and frowned upon. The film runs 83 minutes. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

BIG ARTS is practicing the highest standards of safety during this challenging time. All visitors are required to wear masks and are asked to be mindful of social distancing. BIG ARTS is selling only 50 percent of the seats in Christensen Performance Hall. Until further notice, only 200 seats will be available for any event in the hall, and a maximum of 30 people will be allowed in the gallery at any given time. BIG ARTS has enhanced its air filtration system, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering, and there are hand sanitizing stations throughout the ground floor.✳

Callahan

6. *The Return* by Nicholas Sparks
 7. *Ready Player Two* by Ernest Cline
 8. *The Once and Future Witches* by Aliix Harrow
 9. *The Guest Book* by Sarah Blake
 10. *Saving Freedom* by Joe Scarborough
- Courtesy MacIntosh Books and Paper.✳

From page 25

BIG ARTS

Art Evening: Dirty Pour with Jenny Licht – Thursday, February 25, 6 to 9 p.m., member \$99; nonmember \$124.

New Techniques in Pastel Painting and Preservation with Donna Filomio (Virtual Workshop) – Friday, February 26, 9 a.m. to 4 p.m., member \$145; nonmember \$181.

The health and safety of instructors, students, staff and patrons are a priority at BIG ARTS. Staff is following CDC recommendations and asks for your cooperation in best practices safety standards. All students and instructors must wear a mask and social distance. Class seating will be carefully spaced. Signage and procedures are posted in the facility. All rooms are sanitized between classes and class sizes will be limited.

Call 395-0900 or stop by the BIG ARTS center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions, workshop and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.✳

Top 10 Books On The Island

1. *Anxious People* by Fredrick Backman
2. *Deacon King Kong* by James McBride
3. *A Promised Land* by Barack Obama
4. *The Last Train to Key West* by Chanel Cleeton
5. *Becoming Mrs. Lewis* by Patti

Community House Opens New Art Exhibit

submitted by Renée Chastant

Local artists and Sanibel Captiva Art League members Rita Mach Skoczen and Joan Mikelsons are exhibiting their art for the month of January at The Community House. Viewing hours are 9 a.m. to 3 p.m. Monday through Friday. The exhibit is also available as a virtual show on the website 24 hours a day at www.sanibelcommunityhouse.net.

Skoczen has been a resident of Sanibel for 30 years. Working in various media including acrylic, colored pencil and water media, she is well known for her portraiture as well as her painting awards. Among her notable awards was the first place prize for her flower entries in the Detroit Institute of Art two years in a row. Another prestigious recognition was a first place award for her entry in the Arts for the Parks national competition. She won for her depiction of the Vietnam War Memorial entitled *Remembrance*.

Skoczen is a signature member of the International Colored Pencil Society of America and participates in competitions throughout the country. Her painting subjects are diverse. She said, "When my eyes see something that is beautiful and it moves me, that is what inspires me to paint it, regardless



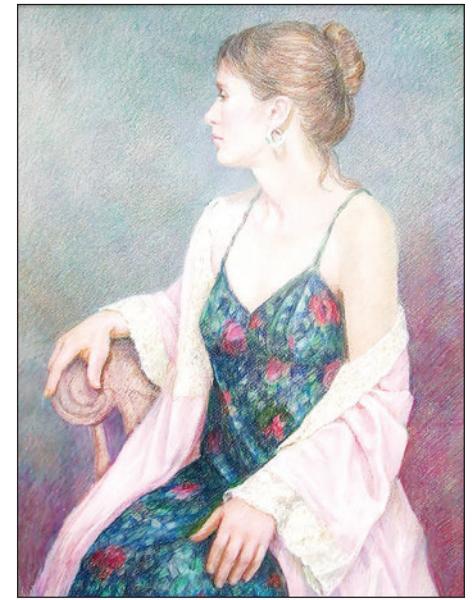
Rita Mach Skoczen with her painting *Shell Basket*

photo provided

of subject. The subject decides for me the medium I will use to portray it. I have always been drawn to the human face and body as it is such a compelling subject. As a portrait artist for over 20 years, it gives me great satisfaction to make people happy with my portrayal of them."

Skoczen has exhibited and won numerous awards on the islands as well as in art centers in Bonita Springs, Fort Myers Beach and Punta Gorda.

Mikelsons has lived in Sanibel since 1985. Formerly from Middlesex County, New Jersey, she worked as a commercial artist for the National



Pink Robe by Rita Mach Skoczen

image provided

Telephone Directory in Cherry Hill, New Jersey. She was one of three artists who designed and finished all of the artwork for the New Jersey Yellow Pages.

Working in several different mediums and with a variety of subjects, her work has been exhibited frequently at BIG ARTS and other island locations.

Mikelsons volunteers her time in the office at BIG ARTS and said, "I truly enjoy the experience of working in the office and the people with whom I interact."

For more information, call 472-2155 or visit www.sancapart.org.

Wisdom.

Board Members Emeritus, Ginny Fleming and Steve Brown have been serving with The Trust Company team since the firm's beginning. We're grateful for their continued counsel as members of our Advisory Board.

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CAPTIVA

15155 Wiles Drive
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1



2



3

1. Magazine Ready Home in the Sanctuary – Sanibel

- 5 BR/ 5/1 BA property situated on the bay & intercoastal waterway and framed in by the Sanctuary's signature 4th hole.
- Boasting 11,000sqft, the interior finishes include luxurious accent wall of glass, walk-in wine cellar, marble inspired Cambria counters, statement light fixtures & over a million dollars in updates.
- **\$2,998,000** Euro 2,658,932

2. Captiva Village Home with Gulf Views

- 4 BR home w/ pool located just 1 property from the beach on Wightman Ln
- Rental company estimates \$180k annually. New septic, roof, generator & offered furnished
- **\$2,395,000** Euro 2,031,701

3. Duplex Style Home on Sanibel

- Unique property in the heart of Sanibel fit for a family compound or vacation retreat
- Features two separate 3 bed/3 bath residences each with a 2 car garage. Pool, spa, & garden area
- **\$859,000** Euro 725,801

4. Remodeled in Victoria Cove – East End / Sanibel

- 4 BR + Den / 4 BA home, steps to the beach with private boat dock & 16K lift
- Gorgeously remodeled, large porches, private pool & spa, sundeck with Gulf views
- **\$2,300,000** Euro 1,936,499

5. Gulf Pines with Lake Views – Sanibel

- 3 BR/3 BA home close to the beach path
- Community amenities include pool and tennis courts
- **\$725,000** Euro 596,781

6. Direct Access Canal Home with Private Dock -Sanibel

- 3BR/ 2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking the canal
- **\$995,000** Euro 911,259



4



5



6



7



8



9

7. Captiva's Gold Coast

- 3 BR/3 BA home located on the Roosevelt Channel with private boat house & lift
- Beautifully remodeled, tropical landscaping, channelside pool, and incredible water views
- **\$2,250,000** Euro 2,002,313

8. Private Meets Paradise in the Dunes – Sanibel

- 4BR/3.5 BA home located at the end of a cul-de-sac with panoramic lake and golf course views
- Open kitchen, screen enclosed pool and lanai, new roof and whole house generator
- **\$870,000** Euro 735,772

9. Updated Tropical Beach Condo at Loggerhead Cay -Sanibel

- 2 BR/2 BA condo with remodeled kitchen, baths, French doors, plantation shutters, & Gulf views from lanai
- Large pool, pet friendly, & weekly rentals make this a great option for families and investors
- **\$685,000** Euro 562,525

10. South Seas Beach Home – Captiva

- 4BR/3BA two story fully remodeled beach home. Open kitchen, vaulted ceilings, impact windows
- Daily sunsets from open & enclosed lanai space including top floor private deck off the master
- **\$3,375,000** Euro 3,045,341

11. 4 bedroom Home on Intersecting Canal – Sanibel

- 4 BR/ 4 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
- **\$2,195,000** Euro 1,853,259

12. Near Beach Home off West Gulf Drive – Sanibel

- Fully furnished 3 BR/ 2 BA home (Currently configured as a 2 BR)
- Recently remodeled with coastal finishes, impact resistant windows
- **\$649,500** Euro 547,486



10



11



12

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Book Review

Anxious People

by Di Saggau



Anyone who read *A Man Called Ove* by Fredrik Backman, no doubt has wished for another as good as that one. His latest *Anxious People* meets that challenge. I

chuckled throughout it. The story is about a bunch of idiots and a hostage drama with the worst hostages ever.

Viewing an apartment is usually a normal experience, but during this particular open house things turn into a life-or-death situation, or so it first seems. A failed bank robber rushes in and takes everyone hostage. As the situation intensifies, the eight strangers begin to slowly open up to one another and reveal long-hidden truths.

Zara is a wealthy bank director obsessed with visiting open houses to see how ordinary people live. Roger and Anna-Lena are an IKEA-addicted retired couple always looking for fixer-uppers. Julia and Ro are a young lesbian couple, nervous about their chances for a life together because they rarely agree on anything. Estelle, an 80-year-old woman, has lived long enough to not be intimidated by a gun-waving masked bank robber.

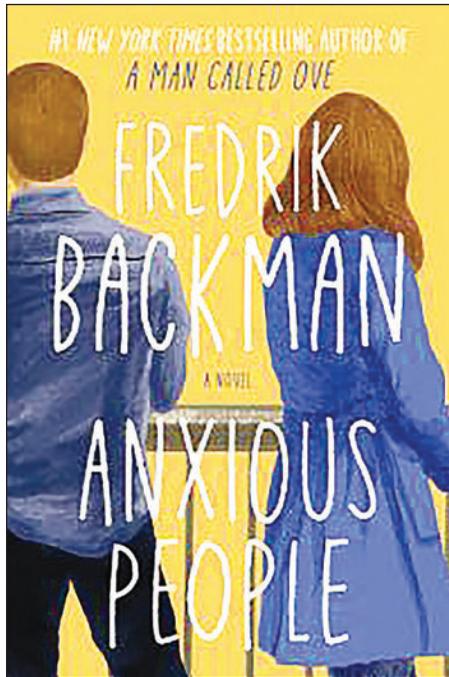


image provided

The book is full of Backman's perfect dialogue and the way he understands human nature. The tension mounts as police surround the premises and TV channels broadcast live from the scene. Soon the robber must decide whether to go out and face the police or stay in the apartment with a group of impossible people.

Anxious People is a delightful, insightful read with character-driven narratives. It's about how kindness and compassion count in surviving each day.*

School Smart

by Shelley M. Greggs, NCSP



Dear Readers, Happy New Year! I am passing along this wonderful poem (again) with excellent New Year's resolutions for

parenting. These suggestions are worth considering.

Parental New Year's Resolutions by Dr. Alex Thomas:

Well, it is time for Parental New Year's Resolutions. Pick any five from the suggestions below and, if you are still following them when the school year ends, you probably will see improvement in your child's school performance and/or behavior around the home as well as within your relationship.

I resolve to provide a regular daily or weekly chore for my child and will assure that it is completed on time.

I resolve that I will cut our junk food budget, including soda, by 25 percent.

I resolve to see to it that my child will complete all tasks that are started.

I resolve that my child will not easily quit a team or club once it is joined, or quit music or other lessons once started.

I resolve that no more than two

meals a week will be eaten in front of the television.

I resolve to allow my child the opportunity to deal with failure and frustration without interfering, providing support but not excuses.

I resolve that my child will spend no more than 20 hours a week watching television.

I resolve that my child will spend at least one half hour, at a designated spot and time, on homework or reading, every school night.

I resolve to see to it, by providing incentives if necessary, that my child reads independently, even if the reading includes comics, sports pages, or romance books.

I resolve to say at least two positive things to my child every day.

I resolve to make the opportunity, weekly, to spend at least a half hour with my child on some mutually needed activity (shopping, dishes, working on the car).

I resolve to lower my NQ (Nagging Quotient) and act instead of yak.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Thank you for your support in 2020!

HAPPY NEW YEAR 2021!



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Susan Andrews



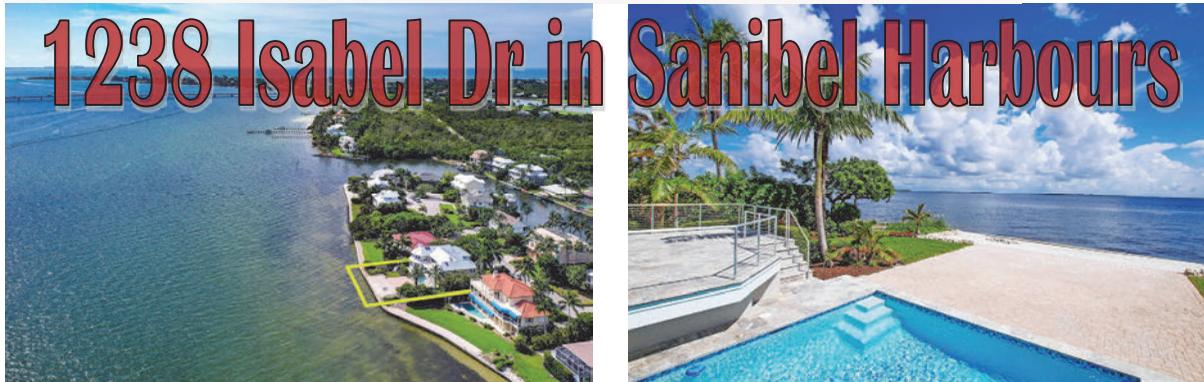
David Anderson



Lisa Murty



Elise Carnes



1238 Isabel Dr in Sanibel Harbours
Spacious custom-designed remodeled home with bayside pool, plus dock with lift in community boat basin. Awesome views, 3-car garage, 4-stop elevator, ~5,127 sq. ft. living space with 5 bedrooms, 4.5 baths. Living room with soaring 2-story ceilings, fireplace. Opens to waterside porches & decks. Gourmet kitchen with butler's pantry, gas cooking, & large island that opens to dining area. Master suites on both main & upper level, plus generous guest rooms, & offices. Median room has 1/2 bath & party kitchen. \$3,495,000



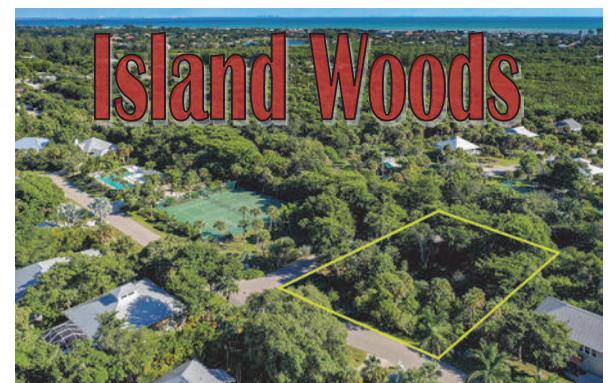
Mariner Pointe #541
On Sanibel's boating peninsula. Ground-level split-plan 2 bedroom with glassed lanai & bay view. Private fishing pier, dockage (by lease), 2 pools, tennis/pickleball, launch & storage racks, bbqs, shuffleboard, & deeded beach access. \$515,000



Mariner Pointe #411
Rarely-available 3 bedroom in bay-facing Bldg 4 at 760 Sextant Dr. Ground-level with parking just outside front door. Open kitchen with breakfast bar. Glassed lanai off great room expands living space. 2nd lanai with storeroom off master suite. \$599,000



White Sands #23
Gulf view 2nd floor at 2311 West Gulf Dr in delightful small 14-unit complex with pool, tennis, & weekly rentals. Exterior renovation complete. Updated 2 bedrooms plus den offered fully equipped for vacations. Exterior storeroom below. \$1,099,000



Island Woods
1894 Farm Trail, last lot in 38-home inland neighborhood of olde-Florida-style homes with community pool & tennis. Just off Periwinkle Way, handy to bike path, central shopping, & mid-way between gulf & bay, easy access to both. \$199,000

SanibelSusan Realty listings under contract, closing soon...



4566 Buck Key Rd, Sanibel Bayous



Lighthouse Point #117, 200 Periwinkle Way



1015 Fish Crow Rd, Gulf Shores

Trust Company Welcomes New Team Member

Carolyn C. Rogers, CFRE, has joined The Sanibel Captiva Trust Company wealth services team as senior vice president. Rogers will be responsible for developing client relationships in both Lee and Collier counties, sharing the company's culture with prospective clients and assisting them as a concierge in identifying and prioritizing their wealth management needs.

"Carolyn comes to us with a background that ideally aligns with our corporate culture," said Al Hanser, founder, chairman and president of The Sanibel Captiva Trust Company. "Her career in development and communications in the nonprofit arena demonstrates her ability to genuinely relate with people and her donors to do what is best for them, and also help them through the estate planning process."

Rogers previously served as vice president of development and communications with the Southwest Florida Community Foundation, where she held long-standing relationships with trusted professional advisors and donors. While on the team, the foundation more than doubled assets under management and the number of individual funds held there during her seven years of service.

Prior to serving at the foundation, Rogers led SimplifyPR public relations



Carolyn C. Rogers photo provided

firm, which was instrumental in the initial and longstanding success of the Southwest Florida Wine & Food Fest, and guided fundraising growth at Canterbury School and Golisano Children's Hospital of Southwest Florida at Lee Health.

"Wherever I've served, it has been my greatest pleasure to become well acquainted with people who care about their communities and to listen to their needs and wishes," said Rogers. "The trust company gives me an opportunity to make the most of the skills built throughout my career, and I am very happy to be a member of a company

that clearly has clients' needs as their top priority."

Rogers holds a bachelor of arts degree in mass communication, specializing in

public relations from University of South Florida, along with certifications in public relations and philanthropy.*

Environmental Policy Director Outlines Priorities

Environmental Policy Director James Evans presented legislative priorities for the Sanibel-Captiva Conservation Foundation (SCCF) recently at the Lee County Legislative Delegation meeting at Florida SouthWestern State College.

Priorities for 2021 include: Support for conservation through dedicated funding for Florida Forever; Ecosystem restoration with support for full funding of the C-34 West Basin Reservoir with a water quality treatment component, support to prioritize and expedite the funding for the Everglades Agricultural Area Reservoir and Stormwater Treatment Area, and funding for the Lake Hicpochee Phase III Project;

Water quality projects, such as updating statewide stormwater standards, reinstatement of the Works of the District (source pollution control projects) and opposing the M-CORES toll road project;

Implementation of recommendations from the Blue-Green Algae Task Force and continued funding and research for FWC's Harmful Algae Bloom Task Force, which includes red tide; and

Protection of home rule and funding of the Sanibel Phase 4 Sewer Expansion



James Evans photo provided

Project.

Interim legislative committee meetings begin on January 11 with the formal 60-day legislative session beginning on March 2 and ending on April 30.

"Advocating for our priorities in Tallahassee will be modified due to the pandemic and the expected loss of state sales tax revenue from decreased spending," said SCCF Environmental Policy Assistant Holly Schwartz. "There also will be limited in-person meetings and COVID-19 testing requirements that will change the way we communicate with our legislators.*"

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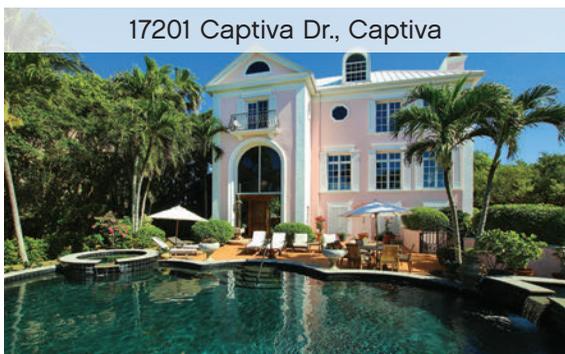
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Your Island Bankers: (L-R) Robbie Roepstorff, President, Willy Ocasio, V.P. Sanibel-Captiva Office Manager, David Lowden, V.P. Private Client Relations, Geoff Roepstorff, CEO.



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 - 4/5 Bdrms. Pool. Premier Boating & Dockage.
 - Spectacular water vistas & location. Sunsets and Sunrises daily.
- \$5,650,000



1523+1531 Periwinkle Way, Sanibel

- The Fish House. 3+/- Acres
 - Prominent + successful Sanibel Island restaurant
 - 200" + Sanibel River & Periwinkle Way frontage
 - New Outdoor Seating Area
- \$5,250,000



16970 Captiva Dr., Captiva

- Prime Location on Captiva Gold Coast.
 - 100' of Beach Frontage
 - Western Exposure Direct Sunset Views.
 - Live the Island dream.
- \$3,995,000



490 Sawgrass Place, Sanibel

- Gorgeous Euro Design Finishes.
 - Beautiful tropical Setting
 - Stunning Pool area
 - 3BR, 2.5BA. Private location. Steps to Beach.
- \$1,595,000



4850 Laurel Lane - Palmetto Point

- Beautiful Waterfront Views
 - Terrific Deep Water Boating
 - Wonderful Family Home w/ Pool
 - Premier Waterfront Community in SWFL
- \$949,000



15051 Punta Rassa Rd., #WS02 - Sanibel Harbour Yacht Club

- Golfing and Boating
 - Wet Slip 50'x20'
 - 5 Star Marina. Great location to Bay + Gulf
 - Restaurant, Bar & Membership Amenities
- \$225,000



Spotlight Properties of the Week

From Beach to Bay + Everything In-Between

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2020 has been quite the year for a lot of the wrong reasons. Fortunately for us, it's been quite the year for a lot of great reasons, too.

Through hard work, outstanding management, spot-on marketing and innovative programs - like our Rest Easy cancellation policy, Zero Contact check-in, exclusive Owner's Rewards and more - 2020 will be a record year for our company and those owners we proudly serve.

We thank our many owners for your confidence, trust and friendships, and we look forward to continuing our outstanding sales, service and satisfaction next year.

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Superior Interiors

Have Some Fun With Color For A New Look



by Katie Frederick

Today's fabrics and designs in home furnishings are often color coordinated to help you take the guesswork out of your next decorating project. Fabrics,

wall coverings, area rugs, bed linens, accessories and, yes, even lampshades feature a wide variety of motifs and patterns, all designed to work in harmony as you work to create your room's new "look."

Still, no matter the design, motif or pattern, the common denominator in successfully creating the look you want to achieve is color!

So, how do you begin selecting color for your next project? Why not start by playing favorites - and selecting colors you're comfortable with. Even if your favorite colors might not work as a major player in your new room, you could possibly consider using that favorite color as an important accent shade.

Here are some tips in helping you "hone in" on your perfect color selection:

Take a look in your closet. What colors do you see in your wardrobe that

you particularly enjoy? Pastels? Dark jewel tones? Neutrals? Bright, lively shades?

Doesn't it stand to reason that the very colors you're attracted to in your wardrobe might just be the perfect shades to consider in re-coloring a room?

Survey the area around your room. Is there an accessory, piece of art, even an area rug that "speaks" to you? Entire room designs have been beautifully accomplished by focusing on one simple multi-colored vase.

What's your personal style? Do you enjoy a more casual lifestyle? Perhaps the contemporary style is more "you." Knowing your style will give you an important clue as to the color options you might want to consider.

Once you've done your homework and decided on your perfect color palette, be sure to select one dominant color, a maximum of three adjacent hues and a dramatic accent color to complete your overall color scheme. When developing your color scheme, remember the 60-30-10 percent rule of thumb. Your favorite color should play a leading role, while other colors should be proportionate to your dominant color focus.

Traditionally, there were definite rules about what colors went in what room of your home. Pale colors tended to be used in more formal settings, while bright primaries were associated with more contemporary, fun looks... but for today's wide selection of color choices, go for what speaks to you!

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coincdecn.com.*

Lee Health Gives First Round Of Vaccinations

Lee Health administered the COVID-19 vaccine to its first employees on December 22, when the Pfizer vaccine arrived at the health system. Samara Marin, RN, Henry Jackson, Transportation Services, and Dr. Stephanie Stovall, Pediatric Infection Prevention, were the first to receive the vaccine.

"We are ready. Lee Health has followed guidelines from the CDC and the State of Florida to establish our vaccination plan," said Larry Antonucci, MD, MBA, president and CEO of Lee Health. "This vaccine provides hope that we can soon put an end to this long, arduous journey. I am so proud of our frontline workers. Throughout this pandemic, they never wavered in their commitment to provide safe, compassionate care to our patients."

To ensure a safe and effective rollout of the COVID-19 vaccine, it is being administered at Gulf Coast Medical Center and Cape Coral Hospital where the health system has deployed deep freezers to keep the vaccine at the appropriate temperatures. Vaccination of healthcare workers and patients

in Lee Health's three skilled nursing facilities began on December 22 as well.

Due to demand for the vaccine, supplies are limited at first. Currently, there is no official timetable on when the public will be able to receive the vaccination. Upon availability, Lee Health will begin to schedule appointments for those who want to be vaccinated. The health system will have more information to share in the coming weeks.

"While we wait for the vaccine to become widely available in our community, we ask that residents and visitors continue to practice physical distancing, wear a mask in public and wash their hands often," said Alex Daneshmand, DO, MBA, FAAP, chief quality and patient safety officer at Lee Health. "Until we reach herd immunity and the CDC changes its guidance on wearing PPE, Lee Health staff will continue to wear the appropriate level of PPE even after they are vaccinated."

The roll out of the coronavirus vaccine has paved the way for the biggest mass vaccination effort in U.S. history.

For more information, visit www.leehealth.org.*

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 • Beautifully Maintained Property
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 Brian Murty 239.565.1272



SCCF advocates for protection of wetlands

photo provided

EPA: Permitting For Wetlands Up To The State

The Sanibel-Captiva Conservation Foundation (SCCF) thanks members who participated in trying to maintain the integrity of the federal wetland dredge and fill permitting process. However, on December 17, the U.S. Environmental Protection Agency (EPA) granted the State of Florida the sole authority to permit dredge and fill requests in Florida's wetlands.

SCCF is disappointed with this decision and concerned that it will result in less oversight and protection of wetlands, which will directly impact water quality and

wildlife habitat.

Prior to the decision, the U.S. Army Corps of Engineers, U.S. EPA and all of the resources of the federal government, including U.S. Fish and Wildlife and the National Oceanic and Atmospheric Administration, had a hand in reviewing and approving permits that allowed dredge-and-fill material into wetlands or waterways. Now, the State of Florida – with its limited resources and looming pandemic-induced budget crisis – will be the final authority to approve permits that allow the removal of wetlands and other impacts.

Locally, SCCF has concerns regarding the pending decision to impact wetlands at the proposed Eden Oak development west of Shell Point Boulevard. Previously, there were several federal agencies that would have reviewed the development

plans for compliance with existing laws, including the federal Endangered Species Act. The waters around Eden Oak have been designated “pupping areas” for the federally endangered smalltooth sawfish (*Pristis pectinata*). Now, the fate of the sawfish and other rare and unique species rests with an understaffed and budget-challenged state agency that only has a

statute-mandated 30 days to do the initial permit review.

Water quality and habitat conservation remain a strong priority for SCCF. Staff will be closely tracking this wetland permitting decision and its impacts in Lee County and will continue to advocate for improved protection of local natural resources.✪

Registration Open For The Sanctuary Charity Classic

For the past 18 years, The Sanctuary Golf Club has hosted its Sanctuary Charity Classic golf tournament in January, which has raised more than \$1.8 million. This year's event will be held on Saturday, January 23 and the bulk of the proceeds will be granted to human needs-based island nonprofits.

There are a broad spectrum of sponsorship opportunities for golfers and non-golfers alike, ranging from the \$7,500 Diamond Partnership, which includes additional rounds of golf and dinner at The Sanctuary Golf Club; a \$500 Foundation Partner, which includes Dinner Reception In-a-Box for two; and a \$250 Hole Sponsorship. All proceeds go directly to The Sanctuary Golf Club Foundation, whose mission is to support nonprofits that positively impact the lives of people in need living or working on Sanibel or Captiva, and to provide educational opportunity grants to The

Sanctuary employees and their families. “The Sanctuary Golf Club's members and the Sanibel-Captiva community have warmly embraced this event with their exceptional generosity and commitment to this fundraiser. The Sanctuary Charity Classic allows opportunities for the membership to contribute and support our community,” said Ken Kouril, chief operating officer of The Sanctuary Golf Club.

Jim DiMarino said, “This event fills up quickly, so sign up your foursome early. There are non-playing sponsorship levels available if you do not play golf or cannot participate in the event. Your generosity goes to support the Sanibel-Captiva community.”

Due to COVID-19, The Sanctuary Charity Classic will have morning and afternoon tee times, with either a grab-and-go breakfast or lunch available. All sponsors will receive a Dinner Reception In-a-Box with choice of entrees and paired with a bottle of wine.

For more information about The Sanctuary Charity Classic, contact Jim DiMarino at 472-6223 or jdimarino@sanctuarygc.net or Michelle Cote at 472-6624 or mcote@sanctuarygc.net.✪

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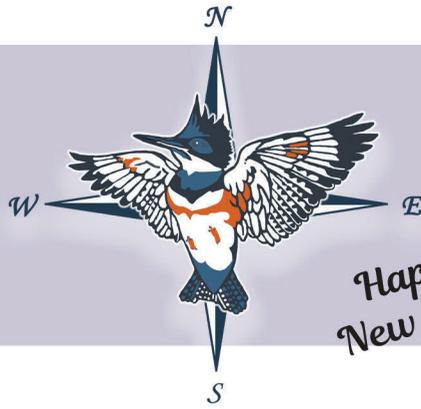
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For more information and to schedule an appointment please contact Evan duPont of John Naumann & Associates at 239.462.1817 or Evan@duPontResidential.com.
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261 Ferry Landing • Sanibel
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1031 Sand Castle Rd • Sanibel
9307 Dimmick Dr • Sanibel
1021 Sand Castle Rd • Sanibel

987 Sand Castle Rd • Sanibel
2265 W Gulf Dr 320B • Sanibel
9128 Mockingbird Dr • Sanibel
1410 Sand Castle Rd • Sanibel
2737 W Gulf Dr 111 • Sanibel
2065 Wild Lime Dr • Sanibel
805 E Gulf Dr 2F • Sanibel
1611 Sand Castle Rd • Sanibel
910 SW 47th St • Cape Coral
8120 Banyan Breeze Way • Fort Myers

312 Periwinkle Way 6 • Sanibel
16268 Kelly Woods Dr • Fort Myers
601 Periwinkle Way C3 • Sanibel
3256 White Ibis Ct 27 • Sanibel
2659 W Gulf Dr A301 • Sanibel
16197 Crown Arbor Way • Sanibel
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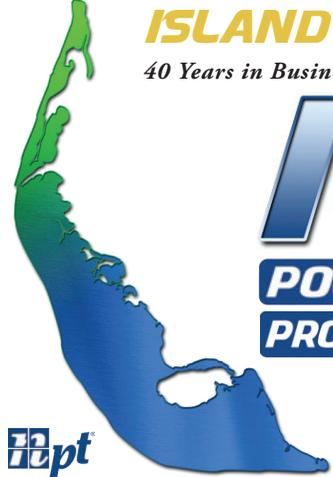
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From left, Willy Ocasio of Bank of the Islands, Lee Ellen Harder of BIG ARTS and David Lowden of Bank of the Islands photo provided

BIG ARTS Gets Holiday Gift From Executive Director

BIG ARTS received an unexpected holiday gift courtesy of Executive Director Lee Ellen Harder and Bank of the Islands. Harder's license plate was the winning plate selected as part of the bank's "We Love Our Islands" program. The program offers island residents an opportunity to place a We Love Our Islands decal on their car. Each week, a vehicle is randomly selected, and the winner gets to choose a nonprofit for a donation from the bank. Harder chose BIG ARTS to receive the \$1,100 donation.

"I have always admired Bank of the Islands for its commitment to nonprofits on the island," said Harder. "The bank's generosity is really heartwarming, and I was thrilled to be able to pass it along

to BIG ARTS. It was the perfect way to share some of the holiday spirit with our community."

BIG ARTS House Manager Wendy Harriman was the first to learn a license plate that belonged to someone at BIG ARTS was selected as the winner. She sent out an all-staff email, but no one stepped forward as the owner of the winning license plate. After some sleuthing, it was discovered that the plate belonged to Harder, and she was informed that she was the winner.

"I was thrilled and overjoyed," said Harder when she heard the news. "It is my third time winning in the 32 years I have lived on Sanibel. It was wonderful to be able to share this holiday gift with the organization and people who mean so much to me."

To learn more about the BIG ARTS 2021 season or to make a holiday donation, visit www.bigarts.org. or call the box office at 395-0900.*

Roskamp Institute Bringing Mobile Lab To Sanibel

A clinical study by the Roskamp Institute in Sarasota that is investigating whether red tide can have neurological impacts on humans is sending its mobile lab to Sanibel.

The mobile lab will be parked in the main parking lot of the Sanibel Post Office from 9 a.m. to 2 p.m. on Saturday, January 16 to take blood and urine samples from those who have signed up for the study.

The study, which is the first step in establishing a potential medical diagnosis, is still in need of volunteers. Watery eyes, sneezing, coughing and a red tide "tickle" in the throat are associated with the aerosolized brevetoxin, though many people have also reported headaches, dizziness, confusion, nausea and disorientation during active blooms.

This is the first human trial of its kind to investigate whether exposure to red tide toxins can contribute to dementia, Alzheimer's disease and other neurological issues, or impact different organs, by gathering data on the presence of antibodies and biomarkers in individuals. Biomarkers have been identified in people

who grew up on the Southwest Florida coast as well as in individuals who have worked in a marine setting.

The study requires three assessments in which blood and urine samples are taken to measure brevetoxin and antibody levels. Volunteers will be seen during periods when no Florida red tide blooms are being detected, as well as periods when they are.

Comparing the levels of brevetoxin and antibodies with the intensity or frequency of neurological complaints will shed light on whether Florida red tide brevetoxin exposure can trigger neurological conditions and whether immune responses are protective or make symptoms worse. "Until a study such as this one is done, you can't get a medical diagnosis because there have not been any human trials documenting impacts," said study leader David Patterson.

If you would like to participate in the study but you are not available on January 16, you can travel to the institute. To qualify for the study, you must be 18 years of age and be able to make your own medical decisions. Since opening its doors in 2003, the nonprofit Roskamp Institute has been a leader in the global effort to better understand and treat diseases of the mind.

To sign up for the mobile lab or the study, call David Patterson at 941-256-8018 ext. 3008.*

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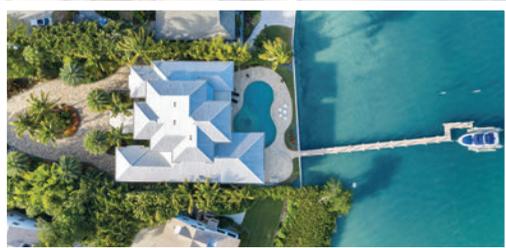
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- Furnished w/Exceptions

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- Gulf Views
- 5 BR/4.5 BA Beach House
- Heated Pool & Spa
- Deeded Beach Access
- Furnished w/Exceptions

\$2,795,000

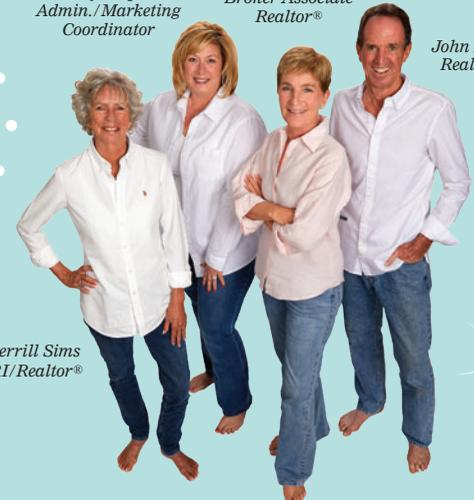
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You Can't Get Everything Online



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A friend of mine officiated at another friend's wedding some time before the pandemic. I asked him (in jest) if he was acting in his official capacity as a notary public. "No," he replied, "I'm an ordained minister!" "You're a WHAT!?" I quizzically responded. My surprise registered because this particular friend of mine was never the religious type. I didn't recall him attending any regular church. As it turns out, he got ordained by an online church on a free Internet site. Good enough, I suppose, to officiate a friend's wedding!

Today, there are all sorts of honors, accreditations, recognitions and certifications. Some of them are quite difficult to obtain, others you can get by sending in a couple cereal box tops and a few bucks. How can you tell the difference?

When choosing a doctor, lawyer or other professional, the right certification can mean all the difference in the quality of care or service that you receive. Not all professionals are equal. Each one of us has a different educational background and work experience. In order to differentiate between those that may have superior skills, many professional regulatory agencies offer board certification credentials.

The Florida Bar offers such a program for consumers to differentiate between specialists and generalists.

Estate planning, for example, has become so complicated through all of the myriad laws, rules and regulations that have to be addressed, that there could be a big difference in skills between a "generalist," someone who might do a little divorce work, a real estate deal or two, as well as prepare wills and trusts, and those skills of a "specialist" that works solely in estate planning.

A Florida lawyer cannot call himself or herself a "specialist" without becoming board certified in his or her respective field. There are over 40 certifications available. I happen to be board certified by the Florida Bar in Wills, Trusts & Estates, earning my certification back in 1996.

John Sheppard, one of my law partners who retired some time ago, was one of the first board certified wills, trusts and estates specialists in Florida. Michael Hill, one of my current law partners, became board certified in 2008. Mike and I are two of fewer than 315 attorneys throughout the entire state with such a distinction.

You can look up Florida Bar Board Certified Attorney specialists in various fields on the Florida Bar website at <http://www.floridabar.org/certification>.

That website explains what it means to become board certified in a particular field. Generally speaking, board certification recognizes attorneys' special knowledge, skills and proficiency in the area of law in which they are certified. These attorneys must also display the highest degree of professionalism and ethics.

To become a board certified attorney in Florida, one must have a minimum of five years of law practice and substantial involvement in the field of law certified. We must also obtain a satisfactory peer review assessment of competence in the specialty field including character and ethics assessments.

Board certified attorneys in wills, trusts and estates must meet stringent continuing legal education requirements (90 hours in advanced estate planning topics in the three years leading up to initial certification alone, then similar amounts each and every reporting period) and be recertified every five years after passing an initial rigorous board certification examination.

Because of Southwest Florida's plethora of retirees, I am blessed with a practice that allows me to earn a living concentrating in a narrow area of the law. Because of our unique demographic, I have the luxury of being able to make a living concentrating in one specialty as opposed to having to be a generalist.

That's why there may be a difference between what your northern attorney may have told you about updating your will and trust to Florida law and what a board certified specialist here in Florida tells you. It's kind of like asking a question of your primary care physician as opposed to asking a specialist in, say, neurology, cardiology or gastroenterology.

So, if you are looking for a professional, it's not a bad idea to determine if there is a board certification in the field that applies, then go to the appropriate website to determine who might meet those criteria in your area.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com. ✨

Grief Support Group Meetings

Sanibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open

to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440. ✨

How's The Market? Ask Ann

The End of the Year Column

We were very fortunate to experience our best year since 2007. Thank you to both the buyers and sellers who trusted us.

A "Shout Out" to our team members who contributed to our success, namely, Bobbie McGlynn, Bob Hodosky and Michelle Bornhorst.

A substantial amount of our business comes from referrals; thank you for your confidence in recommending us.

Lastly, I would like to acknowledge the cooperation of other Realtors who assisted in the sales in a very professional manner.

2021... What can I do to pass substantial savings to both buyers and sellers? Currently, most offices are spending substantial funds to obtain both buyers and sellers, amounting to \$10,000 to \$12,000 on an "average" Sanibel sale... very expensive. Here is my thinking, continue to spend this amount of money but direct it back to the buyer and the seller. If saving \$10,000 to \$12,000 when you buy or sell on Sanibel appeals to you, this is a very straightforward plan that will benefit you directly. Call me and we can discuss.

17 Closed Sales Going Back One Week: 11 Homes and 6 Condos

641 Periwinkle Way B4 Captains Walk - \$380,000	1501 Middle Gulf Dr. H 203 Sundial West - \$725,000
4044 Coquina Dr. - \$485,000	580 Boulder Dr. - \$799,000
827 E. Gulf Dr. M2 Sanibel Arms West - \$525,000	250 Hurricane Ln. - \$875,000
623 Nerita St. 1D Coquina Beach - \$528,500	1860 Ibis Ln. - \$950,000
1645 Sand Castle Rd. - \$530,000	735 Sand Dollar Dr. - \$1,240,000
1299 Middle Gulf Dr. 232 Compass Pointe - \$550,000	2915 W. Gulf Dr. B202 Villas of Sanibel - \$1,850,000
1603 Sand Castle Rd. - \$575,000	1717 Jewel Box Dr. - \$2,150,000
280 Southwinds Dr. - \$618,000	1237 Isabel Dr. - \$2,600,000
1610 Sabal Sands Rd. - \$675,000	



Ann Gee
Broker/Owner



2391 Shop Road, Sanibel

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Separate office



A place to Relax



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Meet Zonta Grant Partner: Dr. Piper Center

submitted by Sue Denham

Every summer, the Zonta Club of Sanibel-Captiva, through its foundation, invites applications from 501(c)3 organizations in Lee County for grants to be awarded early the following year. Those selected become Zonta partners, each with a club member as liaison.

And every March since 2002, Zonta has raised its grant funds through A Peek at the Unique, the home tour. In January 2020, Zonta distributed \$104,700 from its 2019 Peek to 16 local partners, including Community Housing and Resources (CHR), FISH of SanCap, SalusCare, Habitat for Humanity, Dress for Success, PACE Center and 10 more.

Despite cancellation of the 2020 Peek last March, out of concerns for health and safety, funds for distribution in January 2021 – while reduced – will be available through the generosity of benefactors, sponsors and 2020 tour ticket-buyers.

Zonta is proud to introduce some of the wonderful organizations supported by these funds: Meet the Dr. Piper Center for Social Services, a Zonta partner since 2017.

Founded in 1976 to continue the work of Dr. Ella Mae Piper in the Fort Myers Dunbar community, the center seeks to improve the lives of the low-income elderly



Zontian Susan Tucker, right, presenting grant award to Dr. Piper Center Executive Director Nida Eluna photo provided

and children with special needs aged 4 to 17. Zonta funds support the center's foster grandparents program, which creatively links these two at-risk groups. Volunteer "grandparents," who receive a stipend, mentor and tutor children identified by teachers as at-risk academically (through signs of domestic violence, sexual or other abuse, substance abuse, or parental incarceration). The children gain individual attention, school and life skills, and the consistent presence of a caring adult. The grandparent volunteers gain social and emotional confidence, leadership skills and financial assistance.

Since Zonta's involvement, the center

has seen 95 percent of the at-risk children advance to the next grade, and almost all grandparent volunteers reporting fulfillment in their work and improved physical wellbeing. In 2021, the center hopes to maintain 90 female volunteer grandparents who will mentor and tutor over 200 girls in the Lee County school system. Zontian Susan Tucker, club liaison, said, "The foster grandparents program empowers

women and girls, with a focus on Zonta mission elements such as education, economic self-sufficiency, safety and health. It is a win-win situation."

Look for information soon about a "Repurposed Peek" set for Saturday, March 13. To support Zonta's work with the Dr. Piper Center and other local partners, visit www.zontasancap.com and click on "Donate."✱

Kiwanis Coupon Book Program Wraps Up

submitted by Tom Sharbaugh

The Kiwanis Club of Sanibel-Captiva has ended its Diners Delight Coupon Book program for 2020, a year in which business at local restaurants was severely affected by the COVID-19 virus. Despite the disruption of normal restaurant dining patterns, the club still managed to distribute about one-third of their usual amount of books, which are on sale from May through mid-December. This would suggest that islanders' demand for dining out may be suppressed this year, but it's not completely gone. The club is hopeful that when the program returns in the summer and fall of 2021, islanders will be making up for lost time, and our restaurants will be thriving once again.

"Our club relies on the funds produced by this program to sustain our scholarship program and other Kiwanis activities and grants benefiting local youth," said Kiwanis

Club President Bill Hay. "However, the program is also designed to support local restaurants by encouraging the public to dine out more and to sample new places. In 2021, that will be more important than ever."

Until the COVID concerns are gone, Kiwanis encourages the public to do what they can to safely patronize our local establishments and their staff through safe dining where possible and through their takeout and delivery options.

The club extends its special thanks to all the restaurants that were part of the 2020 Diners Delight program. Participating establishments included: Blue Giraffe, Bubble Room, Doc Ford's Sanibel/Captiva, The Dunes Country Club, Cielo, Island Cow, Island Pizza Company, Jerry's Café, Joey's Custard, Lazy Flamingo Periwinkle/Santiva, MudBugs, Matzaluna, Normadie Seaside Café, Rosie's Café & Grill, Keylime Bistro, RC Otter's, Sunshine Seafood, Captiva Cantina, Sand Dollar, Sanibel Deli & Coffee Factory, Sanibel Fresh, Sanibel Sprout, Sunset Grill, Subway, Thistle Lodge, Seabreeze Café, The Timbers, Thistle Lodge and Tween Waters Captiva House.✱



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Frankly Speaking

by Howard Prager



My final column for 2020 and first column of 2021. So many areas to talk about. Cancellations and dropouts still in NCAA football. NBA starting up in near empty arenas.

An amazing success story in NCAA men's basketball. Northwestern, next to last in the Big Ten last season and predicted to finish last this year, is in first place. They have beaten two ranked teams and are 6-1 and 3-0 in the Big Ten for the first time in over 50 years. By the time you read this, they will either be continuing a miracle season with a victory over No. 4 Iowa or coming down to Earth. Either way this is a team to be reckoned with, and I'm delighted to see them competitive once again. That said, let's look back on who and what was lost last year, and what to anticipate in 2021.

We lost the ability to gather and watch our favorite teams and games in person. We started out in COVID-19 cheering on an NBA HORSE competition and watching Korean baseball. Can you believe that? We've come a long way from those days, but we're still cheering from our couches. Even with our movie-sized home TVs and smart TV clarity, it's just not the same as being there. The new NBA

season has started and the NHL will soon too, without fans. The NFL has cities with some fans, but currently the vast majority of us are watching at home. I, along with so many stadium employees, vendor, and parking lot attendants, miss the crowds of people going to see a game in person and miss the experience the action, excitement and atmosphere of being at a live sporting event. May we find our ways back to the stadiums and teams we love sometime next year, most likely towards the end.

We bid adieu to team names and mascots, the former Washington Redskins and the former Cleveland Indians. It is definitely time and the right thing to do. Perhaps other teams will follow suit in 2021 as we anticipate the new names and monikers.

We missed the NCAA tournament. There was madness in March, but it wasn't March Madness. In fact, I played tuba with the band at the last Northwestern home basketball game right before the Big Ten tournament was supposed to start. And then - silence. All action stopped. Now that we've started the 2021 season, let's see if we can make it to March Madness once again, though several teams have already opted out of playing due to COVID-19, most notably the Duke women's basketball team.

We lost our sense of timing. A Labor Day Kentucky Derby and Indy 500 the week before? A Master's in November, with worry about getting the rounds in before dusk? Yes. The World Series was the right time of year but after only a 60-game season, one-third the normal number of games. The NBA Finals

happened in a bubble just a little more than two months before the season started up again at home stadiums. The favored teams won both the NBA Finals and World Series. NHL has a little more time between seasons but had a surprise winner, Tampa Bay. Both basketball and hockey seasons ended with the NFL, MLB and NCAA football seasons in full swing, a first for confluence of seasons. It all felt out of synch, and we went from going nuts trying to find sports to watch, to trying to take it all in at once. May 2021 be a little more normal with the seasons and may it soon be safe for fans to come back.

As always, we lost many greats, including seven baseball Hall of Famers - the most in one year since 1972 - with Lou Brock, Tom Seaver, Bob Gibson, Al Kaline, Whitey Ford, Joe Morgan and Phil Niekro passing. The untimely death of Kobe Bryant, his daughter Gianna, Orange Coast College baseball coach John Altobelli and his wife Keri and daughter Alyssa, Mamba Academy basketball coach Christina Mauser, mother and daughter Sarah and Payton Chester, and pilot Ara Zobayan in an accident heard around the world. Honored football coaches including Don Shula and Sam Wyche and players Gale Sayers, Paul Hornung, Jim Kiick, Tom Dempsey, Johnny Majors, Chris Doleman and Willie Wood to name a few. Harlem Globetrotters Curly Neal and NBA Commissioner David Stern along with greats Wes Unseld, Jerry Sloan, Cliff Robinson and Tommy Heinsohn. College coaches including Auburn's Pat Dye, Arizona's Lute Olson, Michigan States' George Perles, Oklahoma State's Eddie Sutton, Illinois' Lou Henson, Texas' Fred Akers and Georgetown's John Thompson. Hockey's legendary Henri Richard. Groundbreaking broadcaster Phyllis George. Soccer phenom Diego Maradona. And, most recently, 19-year-old Utah

running back Ty Jordan. Many others too, but I hope some of the ones mentioned bring back some great memories.

My predictions for next year are more games played in all sports but with some of the same interruptions due to COVID-19. By the end of the year we will start seeing fans attending some sports. If luck is with us, we will have the delayed 2020 Tokyo Olympics this summer, albeit I project with only fans from Japan and team member families.

And there's always hope. The good news story of the day features Thomas Panek, a blind runner. He lost his sight in his 20s and has been able to run thanks to trained dogs or people holding onto him. He missed the freedom of running solo, as does everyone who has lost their vision. Recently, Panek became the first blind runner to complete a 5K race without the aid of a guide dog or human partner. How? He reached out to Google. "They went to work and created a camera-assisted artificial intelligence cell phone app. Using painted track markers, the app calculates a runner's location and orientation and responds with audio cues to guide them in the right direction," according to the Good News Network. Panek tried it out and said, "It's a real feeling of not only freedom and independence but you get the sense that you're just like anybody else." Through his efforts, Panek has brought the freedom of running "like anybody else" to many who never thought they would do so. After a year that brought too much darkness, may this story provide the spirit and light we all need to have a great and safe 2021.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.

SPORTS QUIZ

1. What Atlanta Falcons player had his house set on fire by Lisa "Left Eye" Lopes of hip-hop group TLC in 1994?
2. Who became the first Swedish golfer to win a major championship with her victory at the 1988 U.S. Women's Open?
3. An anthropomorphic citrus fruit named Otto is the official mascot of what university's athletic teams?
4. The College Punter of the Year Award is named in honor of what Pro Football Hall of Famer?
5. Following his retirement from the Boston Celtics in 1963, Bob Cousy returned to the NBA in 1969 as a coach (and occasional player) for what NBA team?
6. What two-time Norris Trophy winner (1992, '97) had his No. 2 jersey retired by the New York Rangers?
7. What motorsports facility occupies the former site of Florida's World War II-era Hendricks Army Airfield?

ANSWERS

1. Andre Rison. 2. Liselotte Neumann. 3. Syracuse University. 4. Ray Guy. 5. The Cincinnati Royals. 6. Brian Leetch. 7. Sebring International Raceway.

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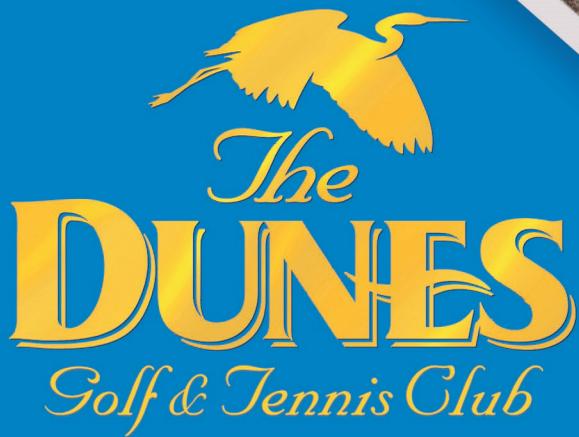
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Governor's Leadership Boosts Conservation

With Gov. Ron DeSantis' leadership and support, Florida's residents and visitors continue to benefit from strong conservation initiatives.

Last year, Gov. DeSantis charged the Florida Fish and Wildlife Conservation Commission (FWC) and partners to increase their battle against nonnative invasive species, such as the Burmese python and lionfish. In order to raise awareness of this pressing issue, the FWC and the South Florida Water Management District (SFWMD) took to a national and international stage during the Super Bowl LIV Environmental Village in January. Also, the FWC and SFWMD made additional strides to positively impact the ecosystems of the Everglades and south Florida by aligning and expanding upon their contractor program to remove pythons from the wild. Working together, the FWC's Python Action Team and the SFWMD's Python Elimination Program have removed more than 6,200 invasive pythons since the program's inception in spring 2017. By October 2020, the program was responsible for the removal of more Burmese pythons than in all of 2019 and set a record for the longest Burmese python ever removed from the wild in Florida – a huge 18-foot, 9-inch female.

Following are some additional

highlights from 2020:

Completing restoration and enhancement projects on more than 1,700,000 acres of lakes, rivers and wetlands, improving important habitat for fish and wildlife as well as improving access for residents and visitors enjoying these areas.

Implementing the State Reef Fish Survey, developed to provide more robust data for management of red snapper and other important reef fish, has allowed the FWC an unprecedented opportunity to manage gulf red snapper in state and federal waters and is increasing data on the Atlantic coast as well.

Concluding an interstate investigation with multiple arrests of poachers conducting a transnational wildlife trafficking operation involving freshwater turtles and alligators as well as thousands of native flying squirrels that were illegally shipped overseas, totaling \$1 million in retail value.

Providing a virtual commission meeting and workshop format for stakeholders and partners to participate in and share comments during COVID-19.

Offering a 45-day gulf red snapper summer season (June 11 to July 25) and additional fall weekend opportunities on October 17, 18, 24, 25, 31, November 1, 21, 22, 27, 28 and 29 as a result of data collected under the State Reef Fish Survey. The gulf red snapper season provides opportunities for anglers while boosting local economies throughout the gulf coast.

Funding three priority proposals that address recommendations of the Red Tide

Task Force appointed by Gov. DeSantis in 2019 to improve red tide communications and advance technologies for real time detection of red tide.

Providing over 75 new hunting opportunities through the Youth Hunting Program for deer, wild hogs and small game. These mentored hunts provide youth who have never hunted before with opportunities to learn about conservation and gain new outdoor skills.

Removing over 21,500 lionfish from Florida waters during a five-month lionfish challenge.

Recognizing anglers who submitted 22 Hall of Fame largemouth bass that were caught, documented and released back into Florida's waters. The TrophyCatch recognition program promotes trophy bass fishing in Florida and provides biologists with data needed for management decisions.

Celebrating approximately 700 anglers who submitted a total of 5,000 fish to reach nearly 2,700 achievements in the Catch a Florida Memory program, which encourages anglers to target a diverse range of saltwater fish species, thereby reducing pressure on the most commonly sought-after catches.

Providing almost two million fishing licenses and 145,000 hunting licenses to residents and visitors.

Launching a new online tool – WMA Finder – to help people search for hunting, fishing, camping, horseback riding and shooting range opportunities on Florida's WMA system.

Because of these accomplishments, Florida's economy will continue to

prosper, and residents and visitors will have many opportunities to enjoy all of Florida's great outdoors.

For more information about these and other fish and wildlife conservation projects, visit www.myfwc.com.✪

City Of Sanibel Holiday Closings, Refuse Collection

The City of Sanibel administrative offices will be closed in observance of the New Year holiday on Thursday, December 31 and Friday, January 1. Regular office hours will resume on Monday, January 4. If you have any questions, call 472-3700.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services regularly scheduled for Friday, January 1 (New Year's Day) will be one day later. If your regular waste collection day is Saturday, January 2, waste will be collected on Monday, January 4. The normal waste collection schedule will resume on Monday, January 4. If you have any questions, call 334-1224.

The Sanibel Recreation Center will be closed in observance of the New Year holiday on Thursday, December 31 and Friday, January 1. Operating hours will resume on Saturday, January 2 from 8 a.m. to 1 p.m. If you have any questions, call 472-0345.

Center 4 Life remains closed due to COVID-19.✪

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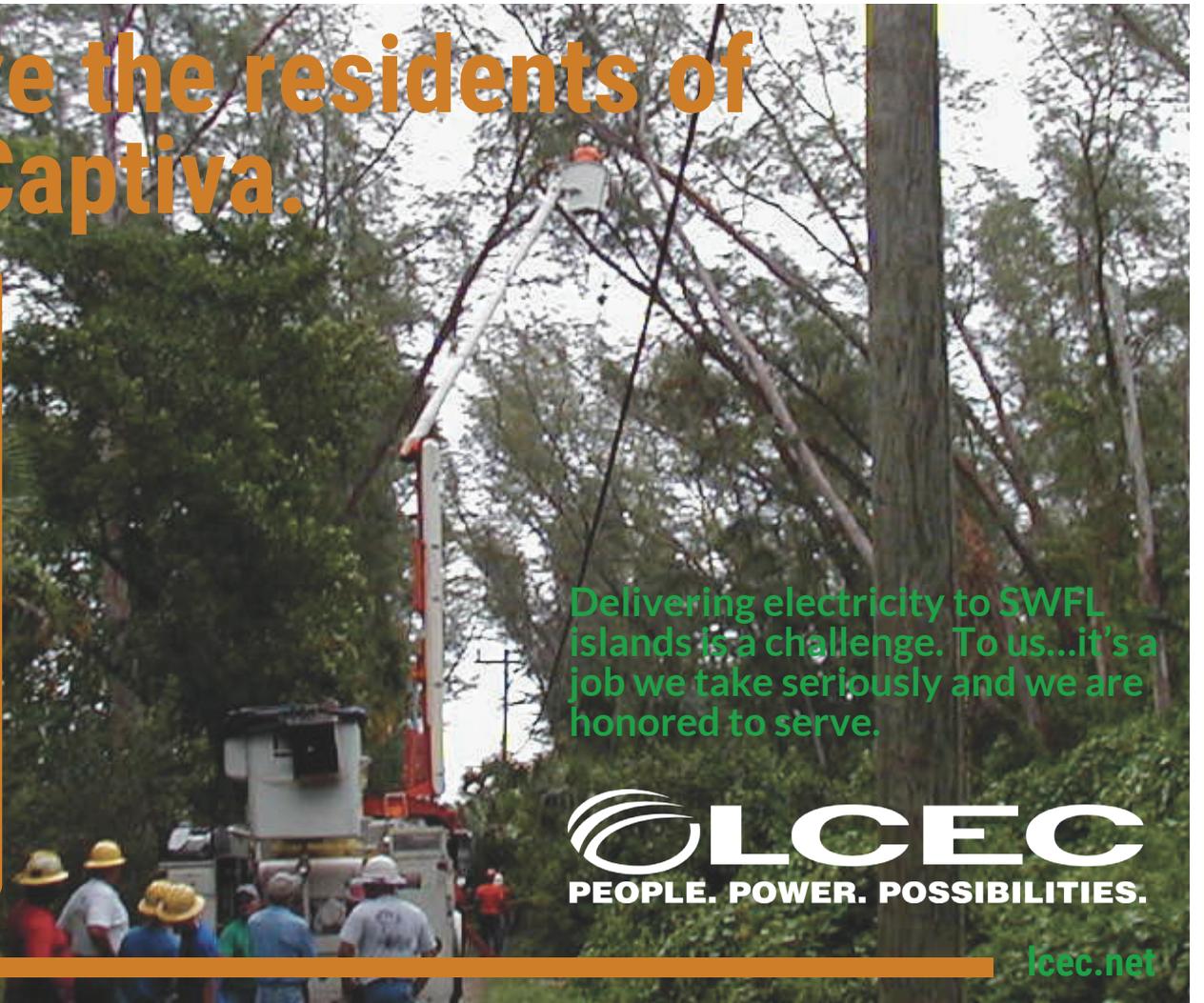
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Health First

Seven Key Takeaways From 2020



by Julie Rosenberg, MD

Despite the many challenges of this past year, 2020 has brought us together and required that we examine our boundaries and lifestyle choices.

I've been at home more this year than ever before in my adult life. This time at home has allowed me an opportunity for reflection and introspection. In this final column for 2020, I share my seven key takeaways from the past year.

Uncertainty Is The Only Constant – The year 2020 brought the COVID-19 pandemic, caused by the coronavirus strain, SARS-CoV-2. The pandemic has been unlike anything that we have experienced in our lifetimes. The global impact of COVID-19 has been overwhelming; whether infected or not, this virus and its threat has impacted all beings. Our lives changed in ways that we could have never predicted. We were forced to live with ongoing uncertainty and with it came anxiety and fear. The good news – our reaction to uncertainty is

modifiable. We can embrace uncertainty and control how we respond to it. When we do so, we can better manage anxiety and more easily confront our fears.

Health Can Never Be Taken for Granted – Without good health, we have nothing. As of today, nearly 80 million people have been infected with COVID-19 worldwide and there have been 1.8 million global deaths. These figures are astounding and frightening. We've experienced suffering, pain and loss of life. What can we learn? Good health is a blessing. We must take proper care of our health. There's no time like the present to prioritize healthy habits (i.e., sleep, diet and hydration) and practice self-care (e.g., spending time outdoors, journaling and meditation).

Boundaries Are Key – Throughout the pandemic, we learned the power of a well-placed boundary. We were required to redesign our work/personal life boundaries. We learned to reprioritize time, space and resources. Many of our homes became schools and offices. Students evolved from structured in-school learning to homeschooling by parents who were working from home simultaneously. We had to adjust to innovative ways of working and living. Setting and maintaining boundaries helped us to protect our energy and preserve relationships during these challenging times.

Breath Is The Best Regulator – This year has been associated with feelings of anxiety, grief, fear and depression for most of us. Our breath is the gateway to a wellspring of self-regulation. If we learn how to regulate our breath, our feelings won't own us. Why? It's nearly impossible

for anxiety and proper breathing to exist in the same moment. When our breathing is deep, focused and slow, it can help us to achieve a state of calm, during which time we can experience feelings and use them as instructional.

Technology Enables Connection – During COVID-19, our ability to connect in person has been profoundly compromised. Technology has been crucial in helping us to stay connected throughout the year. We've been Skyping and Zooming like never before. All types of communities, from workplaces to schools to gyms to concerts, are now accessible online. We can even travel while we're staying at home, as many tourist attractions, museums, theaters and national parks are offering virtual tours.

Mindset Matters – Mindset is key. Each of us must find mental strategies to navigate through chaos and uncertainty in order to find calm, composure and clarity. Social distancing does not mean emotional isolation. It's been important to monitor our thoughts, emotions and behaviors, and discuss them with people whom we trust. We must take time to pause, to re-evaluate and to let go of things that we cannot control. The world has changed – we've changed too. Let's embrace the change.

The World Is Interconnected – COVID-19 has taught us an important lesson about ourselves – that we are all interconnected. Around the globe, people recognized that we are interdependent on each other. Individuals stepped up to help others. Frontline healthcare workers worked tirelessly despite health-related risks to themselves. Pharmaceutical companies prioritized development of

COVID-19 vaccines at an incredible pace. Governments focused on the wellbeing of citizens. The power of the collective is clear and will help to define our future.

Final Thoughts – In 2020, a year of crisis, the resilience and solidarity of the human spirit have prevailed. Here's to 2021 with a renewed sense of purpose, passion and pleasure!

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✱

Position Open On Contractor Review Board

Sanibel City Council is accepting applications to fill a Contractor Review Board partial term appointment for a member-at-large, with an expiration date of December 6, 2024. Responsibilities include attending board meetings, which are held on an as needed basis at city hall.

Any resident wishing to serve may visit <https://mysanibel.granicus.com/boards/w/45346fd249bdd682> to link to the online Advisory Committee Application. The deadline for submission is Monday, January 4 at noon.

If you have any questions, contact the city manager's office at 472-3700.✱



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dearRPharmacist

Tea Seed Oil: A Resolution You Can Stick With



by Suzy Cohen, RPh

Dear Readers: As we move into 2021, I started thinking that a good way to start the new year is to “feed” your body better.

This will ensure a stronger immune response through the winter season, and also help you with gut concerns, mood, sleep and mitochondrial health.

So I want you to start the new year with what I think is the best oil on Earth. Tea Seed Oil – you cook with it! It’s not an essential oil and completely unrelated to tea tree oil which cannot be consumed.

I’ve mentioned tea seed oil as an ingredient in many of my recipes (all posted at my website). But what is it exactly?

Tea seed oil comes from the seeds of the *Camellia oleifera* plant, which is a cousin to *Camellia sinensis*. The latter provides us with leaves that we can turn into black or green tea, matcha, white tea and oolong.

Tea seed oil gives your body a

refreshing clean “oil change.” Just like a car needs certain oils for its breaks and gears, your body needs certain oils to keep cell membranes healthy, cholesterol ratios in good balance and maintain a healthy, content mood. Oils contain a host of healthy vitamins, antioxidant enzymes, minerals and nutrients in them. They are not just grease or fat designed to keep the food from sticking to the pan. They impart health benefits.

Think of oils like you would a dietary supplement. You can choose an oil by its nutrient profile so that it nourishes your body the way a supplement does. Just like olive oil and grape seed, tea seed oil has potent antioxidant compounds with extremely high level of unsaturated fats.

It contains a similar fatty acid profile to olive oil too, however, except it has more omega-3 fatty acids and less omega-6 fatty acids. It’s free of cholesterol. As for nutrients, tea seed oil boasts vitamin E, vitamin A, B vitamins and minerals.

Tea seed oil provides incredible antioxidant protection too, and it’s not lost when you cook this oil. It contains B-carotene and vitamin E. Tea seed oil contains powerful antioxidants called “catechins” which is exactly why people drink so much green tea. They’re after the catechin!

One major difference with olive oil is that tea seed oil has a high smoke point, so you can cook and grill with it. It’s something like 485 degrees. Both olive oil and coconut oil will rapidly degrade if you heat it that high.

It has a light flavor that will enhance recipes, and I love the pale green to

yellow color. It smells very mild, it will not overpower you, or any recipe the way that other oils do. It does not impart any flavor, nor does it taste bitter the way that some green teas do. You cannot keep oils for years. In fact, after opening them, they may go rancid after a few months. It’s widely available at specialty health

foods, some grocery stores and online.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Beautifulife: Blessings



by Kay Casperson

This time of year, we are usually so busy running around to find the perfect gift for others or getting ready to host or attend an event or family gathering.

But, as we all know, many things have changed for the time being. This year has become quite different from all the other years at holiday time, even though the blessings continue to shine through.

Our company and associates missed hosting our annual Luminary Christmas Karaoke party. Our locals and visitors to the islands come and enjoy food and drinks while listening to others sing their hearts out to win beauty bucks to spend at the spas. But we were still blessed to have our consultants participate in a Christmas dress-up event to celebrate the season.

We usually have our company “bootcamp” this time of year for all of our associates to learn about new products, protocols and enhanced team building and activities. Instead, we have had mini breakout sessions based on various topics and will host those throughout the year. We feel blessed that we can continue to inspire each other.

I usually have my 85-year-old Dad here to visit the first couple of weeks in December to participate in all the fun activities like Luminary and our company Christmas party. Oh well, I will have to wait until a safer time for him to travel. Yet, I still feel blessed to regularly talk to him and toast a good glass of wine with him while reminiscing about life in general and all the things we are looking forward to soon.

Yes, many things are different for all of us. Some of you would typically travel back to see your loved ones, and some of you would have your loved ones come to visit you right where you are. We are blessed to have the opportunity to share special moments with loved ones on the phone or the computer.

My husband and I celebrated our 19th wedding anniversary on Christmas Eve. Our actual wedding date was September 13, 2001 and as we were preparing to leave for our big day on September 11, we both watched the planes crash into the twin towers. We were in shock, crushed, and scared like everyone was as life changed, and we postponed everything we had worked so hard to plan. But, we were blessed to say our vows and get married on Christmas Eve at my parents’ home that same year in Minnesota in front of the Christmas tree with family surrounding us. We then went off to Australia to visit his family and share in our celebrations.

My point is, no matter what life throws our way, there is a blessing to be found. I am confident that if we focus on what we can do differently or better, and learn from the experience, we will always move closer to our best and most beautiful life. Remember, the most significant blessings are the ones that you see and feel every day, like your family, friends, health and your happiness.

My affirmation for you this week is:

“I am grateful for the blessings that surround me every day and will always look for the lessons learned in every situation.”

Happy New Year!

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson. ✨

Merry Christmas FROM CARING MEDICAL!

Danielle Matias, MMS, PA-C *Brian Hutcheson, DC* *Ross Hauser, MD*

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Doctor and Dietician

New Year, New Start For 2021



by Ross Hauser, MD
and Marion Hauser, MS, RD

When the clock strikes midnight on December 31 and many are cheering in the new year, thoughts turn inward about what we want to accomplish in the upcoming year. This year is no different, right? Due to the uncertainty that our nation is facing, many are feeling more uneasy about what this year will bring.

The top 10 New Year's resolutions include the following: lose weight and get into shape; quit smoking and/or drinking; reduce stress; enjoy more quality time with friends and family; volunteer or help others; find a soul mate; learn something new or improve education; get organized; find a better job; and stick to a budget and reduce debt.

As you know, we are strong proponents of eating real food, setting time for daily movement and activity, reducing stress, finding faith and staying out of debt. If these become a lifestyle, then each year you do not have to

face those resolutions, because you are already doing them, right?

Before you pen some lavish goals, we encourage you to take a minute to think about what is truly important in life. Consider resolutions that help make the world a better place, not just goals that focus on yourself.

A current song by Danny Gokey called *Love God, Love People* says it well (check it out!):

I've been running in circles, jumping the hurdles, getting caught in that rush of doing so much, I'm feeling kinda worn out...

...All this checking the boxes, trying to be flawless, has me spinning my head, catching my breath, afraid to slow down...

...I tell myself to keep this up, that God wants more than just my love, but I've been complicating things, it's just like me to overthink...

...Gotta keep it real simple, keep it real simple, bring everything right back to ground zero, because it all comes down to this - Love God and love people...

...Love is patient, love is kind, rescues hearts and changes lives, love is all we need to make things right, gotta keep it real simple, oh, it's really so simple...

...Keep on loving, love God and love people...it's how we change the world.

Think about this year. It is almost as if God said, "I need you to slow down, so here you go, stay home." We now see families having dinner together, having game nights, reading books, learning how to cook, getting outside to ride bikes or take walks, and so on. People are getting back to basics. Many now realize that the simplest things in life are most important: Love God,

Love People. Wishing you a blessed and beautiful New Year!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: My insomnia is getting worse with all the stress surrounding me. Can you provide some tools to help with sleep?

A: We are a culture of insomnia, yet the behaviors

we practice contribute to this. Avoid stimulants such as excess alcohol, sugar, caffeine, social media and too much screen time. Before bed, try not to have arguments or emotionally charged discussions, pay bills or read negative material.

In other words, play soft music, go outside and watch the stars, be in silence, drink a glass of warm milk or chamomile tea. Practice self-soothing techniques such

as taking a warm bath, cuddling with your pet, reminding yourself you need a good night's rest and allowing your left analytical brain to rest.

Practice deep breathing, focus on the breath, and allow disturbing thoughts to exhale from your mind and body out into a gray mist to dissolve.

Your body deserves a good night's rest. You need a good eight hours of sleep to feel rejuvenated and restored. By practicing the above techniques, your insomnia should lessen and dissipate very quickly.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Look For Signs Of Drug Addiction

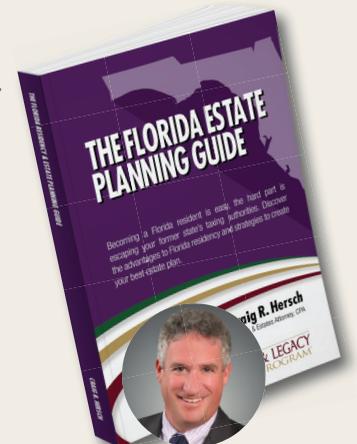
As you spend time with family and friends during the new year, be on the lookout for signs that a loved one may be struggling with addiction to drugs or alcohol. If you notice that things aren't right, prepare yourself to confront them and get them into treatment.

For more information on how to confront your loved one, visit www.narconon-suncoast.org/blog/how-to-confront-your-addict-this-holiday-season.html. Call 1-877-841-5509 for a no cost screening or referral.

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- providing the PEACE OF MIND knowing everything goes where you want when you pass
- Most importantly, is your plan up-to-date and Florida-compliant?



by Craig R. Hersch
Florida Bar Board Certified Wills,
Trusts & Estates Attorney, CPA &
Island Sun Columnist

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- On Call Captiva Deputy..... 477-1000
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- Fire Department, Captiva 472-9494
- Florida Marine Patrol..... 332-6966
- Florida Highway Patrol 278-7100
- Poison Control..... 1-800-282-3171
- Chamber of Commerce..... 472-1080
- City Council 472-4135
- City Building Department..... 472-4555
- City Manager 472-3700
- City Planning & Code Enforcement Department 472-4136
- City Public Works 472-6397
- Library, Sanibel 472-2483
- Library, Captiva 239-533-4890
- Lee County Mosquito Control 239-694-2174
- Post Office, Sanibel 472-1573
- Post Office, Sanibel (toll free) 800-275-8777
- Post Office, Captiva..... 472-1674
- Sanibel Community House..... 472-2155
- Center 4 Life, Senior Center..... 472-5743
- ARTS**
- Arcade Theater..... 332-4488
- Art League Of Fort Myers..... 275-3970
- BIG ARTS..... 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony..... 277-1700
- Herb Strauss Schoolhouse Theater..... 472-6862
- Lee County Alliance for the Arts 393-2787
- Naples Philharmonic..... 597-1111
- Sanibel Music Festival 336-7999
- Sanibel-Captiva Art League sancapart.org
- Southwest Florida Symphony 418-0996
- Symphonic Chorale of Southwest Florida 560-5695
- CLUBS & ORGANIZATIONS**
- ABWA..... <http://abwasanibelcaptiva.org>
- American Legion Post 123..... 472-9979
- Angel Flight SE 1-877-4AN-ANGEL
- Audubon of SWFL..... <https://www.audubonswfl.org/>
- Audubon Society..... 472-3744
- Bailey-Matthews National Shell Museum 395-2233
- CHR Community Housing & Resources 472-1189
- Community Foundation of Sanibel-Captiva 274-5900
- COTI Committee of the Islands coti@coti.org
- CROW, Clinic For The Rehabilitation of Wildlife..... 472-3644
- Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211 984-5920
- FISH OF SANCAP Neighbors Helping Neighbors 472-4775
- FISH OF SANCAP 24-hr service..... 472-0404
- Horticultural Society of the Islands..... 472-6940
- Horticulture and Tea Society of Sanibel and Captiva . 472-8334
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Kiwanis Club 677-7299
- League of Women Voters sanibelLWV@gmail.com
- Lions Club, Jeff MacDonald..... 302-521-1158
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- Military Officers Assc. of America, Alex MacKenzie .. 395-9232
- Newcomers 472-9332
- Notre Dame Club of Southwest Florida 768-0417
- Optimist Club..... 472-0836
- PAWS, Protection of Animal Welfare Society . . . 239-313-6918
- Progressive Club of the Islands pcisancap@gmail.com
- Rotary Club 472-7257 or 472-0141
- Sanibel Bike Club sanibelbicycleclub.org
- Sanibel Beautification Inc. 470-2866
- Sanibel-Captiva Orchid Society..... 472-6940
- Sanibel-Captiva Power Squadron . . . www.sancapboating.club
- Sanibel-Captiva Republican Caucus..... 395-0819
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- SCCF Sea Turtle Hotline..... 978-728-3663
- Shell Islands Garden Club 246-8875
- United Way of Lee County - 24 hour helpline 211 . . . 433-2000
- Zonta Club 728-1971

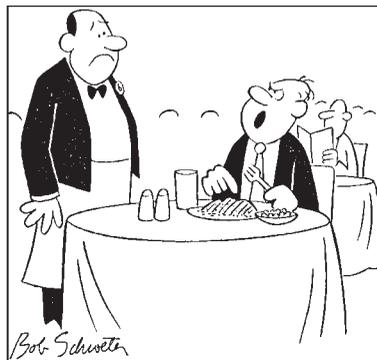
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PUZZLES

Answers on page 55

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"About this dish called "Chef's Delight" ... is there anything on the menu called " _____ ' Delight"?"

Respect
GRADER

Seek
RIVETS

Bestow
OWNED

Waive
FREED

TODAY'S WORD

_____ ,

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Santa's boots are black. 2. Building is shorter. 3. Brick pattern is different. 4. Car wheel is black. 5. Boy's coat has pocket. 6. Santa's beard is longer.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

8			2					6
	2		7	1	8			
		6		9				3
4	9		1					2
	1			8				9
		5			3	7		
5				7		3		2
	8		5			1		
		7			2			6

PETS OF THE WEEK



Ellie photos provided

Lee County Domestic Animal Services

Ellie And Joey

Hello, my name is Ellie. I am a 3-year-old domestic shorthair cat who came to LCDAS with my sibling who has since found her Home for the Holidays. I am by far the more independent of the pair and have personality for days. I will no doubt keep you entertained with my feline antics and spunky fierceness. I am missing having my sibling for company, so having another cat around for me would be a bonus.

My adoption fee is \$10 and you get a feline friend free when you adopt me.

Hi, I'm Joey. I am a 4-month-old male domestic shorthair cat. Are you still working from home? Finding

Joey

yourself yearning for some co-worker companionship? Well, look no further! I would like to apply for the position. I have previous experience on a keyboard and will take care of any crumbs that you may inadvertently get on your paperwork. And there is nothing better for work anxiety than the companionship of a furry friend!

My adoption fee is \$10 and you get another kitty at no additional fee.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopted one and get a feline friend at no additional charge. For more information, call 533-7387.*

Sponsors Needed For Blue Ribbon Golf Classic

The Sanibel School Fund will hold its 2021 Blue Ribbon Classic golf tournament on Saturday, May 15 at The Sanctuary Golf Club. The teachers, families and students at the school hope that, as you are considering your year-end giving, you will plan to support and join this major annual fundraiser for The Sanibel School.



The tournament has been held on Sanibel since 2007. COVID-19 forced the cancellation of the 2020 event. Volunteers with the Sanibel School Fund are working with leadership at The Sanctuary and the community to provide a safe and successful outdoor event in 2021, the 15th year for the tournament.

Space will be extremely limited, so early registration is recommended. Opportunities to join as a philanthropic partner begin at \$1,000 and include a foursome of golf. Partnerships are also available at the \$2,500 and \$5,000 levels. Individual playing spots will be \$300. To sign on as a partner, register for play or for more information, contact TheSanibelSchoolFund@gmail.com or Jeff Muddell at 321-217-3946.

There will be a noon shotgun start, followed by a celebratory dinner. Details of that dinner, which will much depend on the community's COVID-19 status, will be unveiled in the coming months.

Because of the size of The Sanibel School – about 300 students – the budget provided by the school district, calculated

per pupil, does not provide all the funding needed to support special programs. The Sanibel and Captiva communities have supported the Sanibel School Fund through financial gifts, making possible such programs as a STEM (Science, Technology, Engineering, Math) program, a dedicated Spanish teacher, and a student leadership program.

All funds raised at the Blue Ribbon Classic Golf Tournament supplement the school's budget to enhance the curriculum, so it can maintain its Blue Ribbon status, continue to improve its ranking as one of the best elementary and middle schools in the state, and, most importantly, provide the best education for island students.*

Extended Hours At Rec Center

The City of Sanibel Recreation Center has extended its hours of operation to Monday, Wednesday and Friday from 8 a.m. to 5 p.m.; Tuesday and Thursday from 8 a.m. to 7 p.m.; and Saturday from 8 a.m. to 1 p.m.

Due to COVID-19, reservations are required for the weight room, lap swim, tennis courts, indoor open gym and indoor pickleball. The recreation center is currently operating consistent with CDC COVID-19 recommendations. Registered members can book reservations for facilities online at www.mysanibel.com. To request your unique username and password, email charlotte.durand@mysanibel.com or call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road and offers daily, weekly and annual memberships. For more information, contact Recreation Director Trish Phillips at trish.phillips@mysanibel.com.*

My Stars ★★★★★

FOR WEEK OF DECEMBER 28, 2020

Aries (March 21 to April 19) Handle a potentially awkward situation by warming up your confidence reserves and letting it radiate freely. Also, expect an old friend to contact you.

Taurus (April 20 to May 20) It's not too early for the practical Bovine to begin planning possible changes for 2021. A recent contact can offer some interesting insights.

Gemini (May 21 to June 20) A request for an unusual favor should be carefully checked out. Also check the motives behind it. Your generosity should be respected, not exploited.

Cancer (June 21 to July 22) Party time beckons, but for some Moon Children, so do some workplace challenges. Deal with the second first, then you'll be free to enjoy the fun time.

Leo (July 23 to August 22) A warm response to an earlier request might be a positive indicator of what's ahead. Meanwhile, Cupid could pay a surprise visit to single Leos looking for love.

Virgo (August 23 to September 22) How you respond to a proposed change in a project could affect your

situation. Be prepared to show how well you would be able to deal with it.

Libra (September 23 to October 22) The revelation of a secret could cause some changes in how to deal with a workplace matter. It very likely also validates a position you have long held.

Scorpio (October 23 to November 21) An attempt to get too personal could upset the very private Scorpio. Make it clear that there's a line no one crosses without your permission.

Sagittarius (November 22 to December 21) The savvy Sagittarian might be able to keep a family disagreement from spilling over by getting everyone involved to talk things out.

Capricorn (December 22 to January 19) Be careful not to push people too hard to meet your ideas of what the holiday weekend's preparations should be. Best to make it a cooperative, not a coerced, effort.

Aquarius (January 20 to February 18) An unexpected request could make you rethink a position you've had for a long time. Meanwhile, plan a family get-together for the weekend.

Pisces (February 19 to March 20) Someone might find that it was a fluke to try to use your sympathetic nature to get you to accept a situation you're not

comfortable with. Good for you.

Born This Week: You like challenges that are both mental and physical, and you enjoy always beating your personal best.

MOMENTS IN TIME

- On Jan. 7, 1789, Congress sets today as the date by which states are required to choose electors for the country's first-ever presidential election. A month later, on Feb. 4, George Washington was elected president by state electors and sworn into office April 30.

- On Jan. 10, 1901, a drilling derrick at Spindletop Hill near Beaumont, Texas, produces an enormous gusher of crude oil, signaling the advent of the American oil industry. The geyser flowed at an initial rate of 100,000 barrels a day. Today, only a few oil wells still operate in the area.

- On Jan. 5, 1920, the New York Yankees announce the purchase of heavy-hitting outfielder George Herman "Babe" Ruth from the Boston Red Sox for \$125,000. Ruth had played six seasons with the Red Sox, leading them to three World Series titles.

- On Jan. 6, 1936, Porky Pig makes his world debut in a Warner Brothers

cartoon, *Gold Diggers of '49*. When Mel Blanc joined Warner Brothers the following year, he became the famous voice behind Porky as well as Bugs Bunny, Daffy Duck, Sylvester and Tweety.

- On Jan. 8, 1966, ABC's rock and roll TV variety show *Shindig* airs its last episode. The show had debuted in September 1964, featuring acts including the Everly Brothers, the Rolling Stones and The Beach Boys.

- On Jan. 9, 1972, a fire breaks out aboard the lavish *Queen Elizabeth*, and by the next morning the world's largest passenger ship lies in a wreck on the bottom of Hong Kong harbor. Launched in 1938, the *Queen Elizabeth* steamed across the ocean as a troop transport during World War II.

- On Jan. 4, 1999, 11 nations adopt a single currency, the euro, and "locked in" their exchange rates relative to each other and to the euro. At midnight, their currencies officially ceased to exist.

NOW HERE'S A TIP

- Candles will burn more evenly if you refrigerate them for a few hours before lighting.

- "I have drafty windows. I took a

continued on page 54

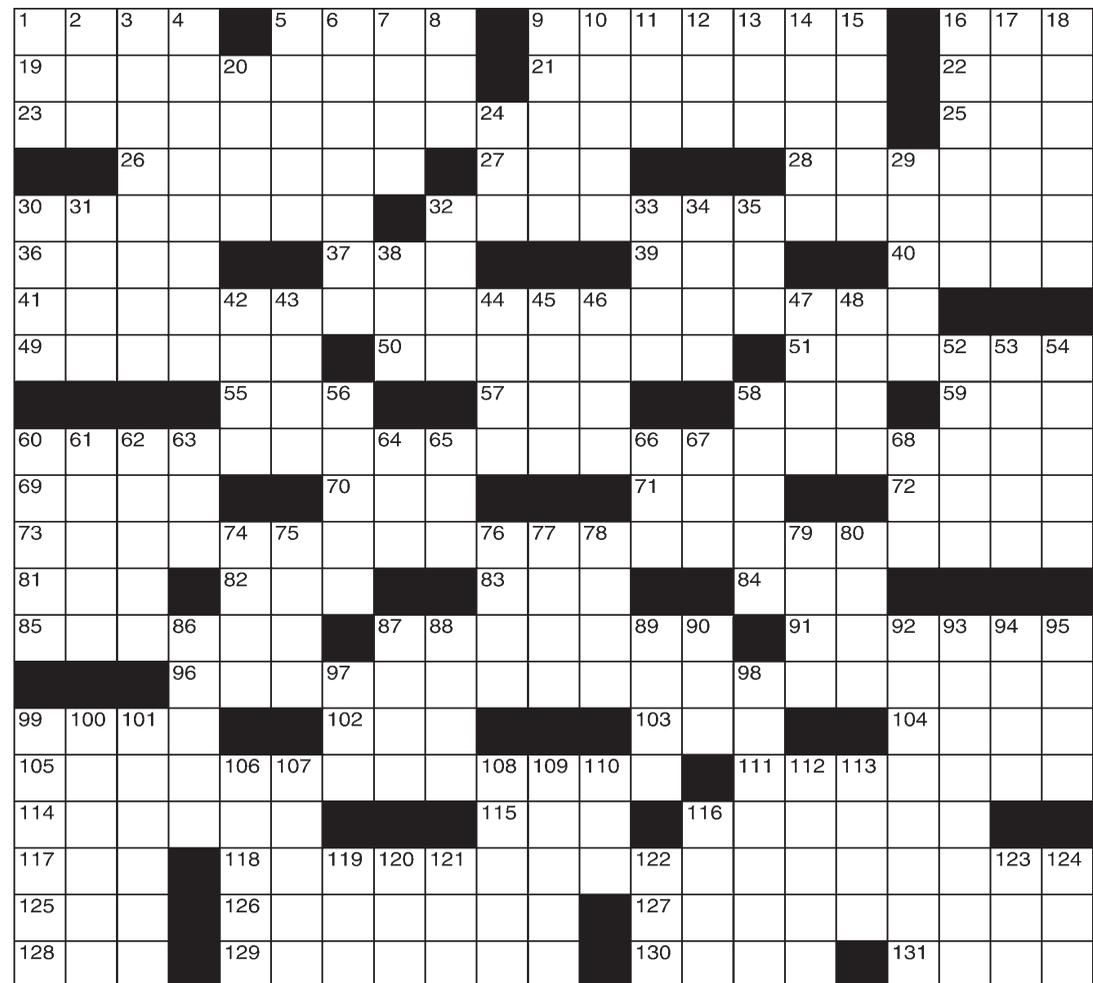
PUZZLES

Answers on page 55

Super Crossword

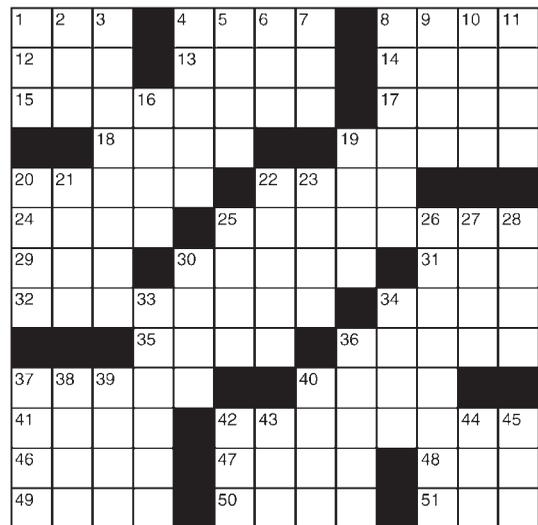
EMCEE RIVALRY

- ACROSS**
- 1 Moves like a dog's tail
 - 5 Sicilian erupter
 - 9 Not too swift
 - 16 Slack-jawed feeling
 - 19 Question to an unknown caller
 - 21 Portable grill
 - 22 See 38-Down
 - 23 Start of a riddle
 - 25 In favor of
 - 26 Downhillers, e.g.
 - 27 "— -haw!" (rodeo yell)
 - 28 Magazine agent's success
 - 30 Total failure
 - 32 Riddle, part 2
 - 36 Run — (buy drinks on credit)
 - 37 Title for Lancelot
 - 39 Sleep study acronym
 - 40 Big vases
 - 41 Riddle, part 3
 - 49 Cab Calloway catchphrase
 - 50 Lovingly, to a musician
 - 51 Common folks
 - 55 Similar to Actor Kilmer
 - 57 Peppery
 - 59 Boxer Clay, later
 - 60 Riddle, part 4
 - 69 PC combo key
 - 70 Water, in Vichy
 - 71 A, in Italy
 - 72 "Zip- — -Doo-Dah"
 - 73 Riddle, part 5
 - 81 Author Rand
 - 82 Fall Classic mo.
 - 83 12, on a sundial
 - 84 Small kid
 - 85 Clorox, e.g.
 - 87 Having no 131-Across
 - 91 Sarajevo locale
 - 96 Riddle, part 6
 - 99 Some vipers
 - 102 — -pah-pah
 - 103 Gen. Lee's side: Abbr.
 - 104 Half-pint
 - 105 End of the riddle
 - 111 — Stone (hieroglyphic discovery)
 - 114 Gretel's brother
 - 115 Metal source
 - 116 Painter's undercoat
 - 117 A Gershwin brother
 - 118 Riddle's answer
 - 125 Sci-fi author Stanislaw
 - 126 Email, e.g.
 - 127 Some overcrowded houses
 - 128 Historic span
 - 129 Smiled villainously
 - 130 See 74-Down
 - 131 Top of a car
 - DOWN**
 - 1 It follows "/" in a URL
 - 2 "Feels so nice!"
 - 3 Loses one's hair
 - 4 Not guaranteed only to float
 - 5 Merman of song
 - 6 British prime minister May
 - 7 Small peeves
 - 8 Enzyme-name suffix
 - 9 Transparent
 - 10 Dwells
 - 11 Shikoku sash
 - 12 Is no longer Here, in Le Havre
 - 14 Sandbar
 - 15 Indian language
 - 16 Public scandal
 - 17 Like Afghans
 - 18 Act of exiting
 - 20 Clic — (Bic brand)
 - 24 Drain-clearing stuff
 - 29 Shocks
 - 30 Quick race
 - 31 Sewing case
 - 32 Baby buggy, to Brits
 - 33 Tolkien meanies
 - 34 Fish in a Pixar title
 - 35 Doctors' gp.
 - 38 With 22-Across, spaced out
 - 42 "If — a Hammer"
 - 43 Mouselike animal
 - 44 1970s Chevy
 - 45 "Curses!"
 - 46 Shed skin or feathers
 - 47 Doctors' gps.
 - 48 Curse
 - 52 Resident of Riyadh
 - 53 Page of "Juno"
 - 54 Album's first half
 - 56 Make — in (begin working on)
 - 58 "Grand" hotel
 - 60 1983 comedy with Mr. T
 - 61 Gasoline additive
 - 62 Wading bird
 - 63 Sickly
 - 64 Label
 - 65 Color shade
 - 66 "Say again?"
 - 67 Rock's Brian
 - 68 Boat mover
 - 74 With 130-Across, home of a Scottish "monster"
 - 75 Say again
 - 76 Old lovers
 - 77 "Say it — so!"
 - 78 — Field (Mets' home)
 - 79 Drifting sort
 - 80 English prep school
 - 86 Aides: Abbr.
 - 87 "Hmm, I guess so"
 - 88 Grandiosity
 - 89 In the past
 - 90 Magazine or book divs.
 - 92 Wall — (financial district employee)
 - 93 Nearly massless particle
 - 94 Lacks entity
 - 95 "— boy!"
 - 97 Vie for the love of
 - 98 Lurches from side to side
 - 99 For a spell
 - 100 Generous type
 - 101 It's west of Colombia
 - 106 Bursts (with)
 - 107 Of the past
 - 108 Ski cottage
 - 109 Like pop flies
 - 110 Co.'s top dog
 - 112 Hall's pop partner
 - 113 Slightly built
 - 116 Admiral Graf — (German warship)
 - 119 Mao — -tung
 - 120 Sugar-name suffix
 - 121 Big rabbit feature
 - 122 Peak: Abbr.
 - 123 Siouan tribe member
 - 124 Abbr. on a bounced check



King Crossword

- ACROSS**
- 1 Doctrine
 - 4 Commotions
 - 8 Mid-May honorees
 - 12 Cattle call
 - 13 "Arrivederci"
 - 14 "So be it"
 - 15 Wordplay specialists
 - 17 Hindu royal
 - 18 Locate
 - 19 Piece of cheesecake?
 - 20 Subsequently
 - 22 Reedy
 - 24 Concoct
 - 25 Good news for bargain hunters
 - 29 Bard's "always"
 - 30 Unrefined
 - 31 Id counterpart
 - 32 Ruins
 - 34 Touch
 - 35 Cincinnati team
 - 36 Gets up
 - 37 — Valley (California ski resort)
 - 40 Family member
 - 41 Cather's "One of —"
 - 42 Expensive seafood
 - 46 Platter
 - 47 Between jobs
 - 48 Carnival city
 - 49 Remain
 - 50 Ball-bearing items
 - 51 Agent
 - 7 "Mayday!"
 - 8 Leatherneck
 - 9 Mideast nation
 - 10 Options list
 - 11 Use scissors
 - 16 Gush forth
 - 19 Snapshots
 - 20 Sleeping, per-haps
 - 21 Release
 - 22 Cafeteria stack
 - 23 Greet the villain
 - 25 Motivate
 - 26 "— Dictionary"
 - 27 Chills and fever
 - 28 Deteriorates
 - 30 Staff
 - 33 In poor taste
 - 34 "— She Sweet?"
 - 36 Strategic tricks
 - 37 Turfs
 - 38 Resign
 - 39 — Major
 - 40 Competent
 - 42 Illuminated
 - 43 Rhyming tribute
 - 44 Tear
 - 45 Tofu base
- DOWN**
- 1 Mischievous tyke
 - 2 Old French coin
 - 3 2001 movie, "—, Inc."
 - 4 Thespian
 - 5 Regiment
 - 6 Scull tool



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 F D O B D N A R B R A C Z E Y
 W V U S C I T Y T F S R Q N E
 O N P O H S E E F F O C L I K
 K I L E T I S B E W N D V L O
 H O F E N I Z A G A M O N R J
 R Y A D I L O H D C M A Z I X
 W M V U S R Q O N M K J I A K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: HUMOROUS ANECDOTE

- Airline
- Car brand
- Coffee shop
- Color
- Dessert
- Holiday
- Kind of book
- Magazine
- Movie
- Pet
- Season
- Song
- Sports team
- U.S. city
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	12:57 am	8:48 am	4:25 pm	6:51 pm
Sat	1:44 am	9:28 am	4:51 pm	7:57 pm
Sun	2:36 am	10:09 am	5:20 pm	9:14 pm
Mon	3:37 am	10:51 am	5:51 pm	10:43 pm
Tue	4:50 am	11:34 am	6:24 pm	None
Wed	6:25 am	12:17 am	7:00 pm	12:16 pm
Thu	8:22 am	1:47 am	7:39 pm	12:57 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	12:02 am	8:50 am	3:30 pm	6:53 pm
Sat	12:49 am	9:30 am	3:56 pm	7:59 pm
Sun	1:41 am	10:11 am	4:25 pm	9:16 pm
Mon	2:42 am	10:53 am	4:56 pm	10:45 pm
Tue	3:55 am	11:36 am	5:29 pm	None
Wed	5:30 am	12:19 am	6:05 pm	12:18 pm
Thu	7:27 am	1:49 am	6:44 pm	12:59 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	12:35 am	8:54 am	3:30 pm	7:45 pm
Sat	1:13 am	9:33 am	4:17 pm	8:43 pm
Sun	2:02 am	10:11 am	5:00 pm	9:43 pm
Mon	3:14 am	10:52 am	5:40 pm	10:54 pm
Tue	4:53 am	11:41 am	6:18 pm	None
Wed	6:41 am	12:38 am	6:55 pm	12:44 pm
Thu	8:06 am	1:56 am	7:32 pm	1:44 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:07 am	12:04 pm	6:35 pm	10:07 pm
Sat	3:54 am	12:44 pm	7:01 pm	11:13 pm
Sun	4:46 am	1:25 pm	7:30 pm	None
Mon	5:47 am	12:30 am	8:01 pm	2:07 pm
Tue	7:00 am	1:59 am	8:34 pm	2:50 pm
Wed	8:35 am	3:33 am	9:10 pm	3:32 pm
Thu	10:32 am	5:03 am	9:49 pm	4:13 pm

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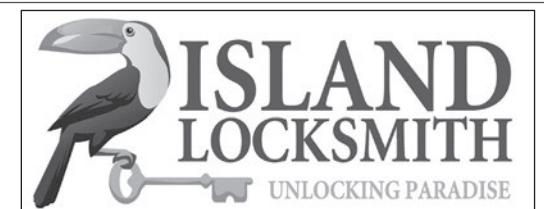
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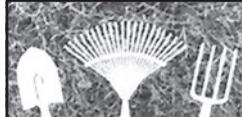
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Gift Drive Yields Hundreds Of Toys

Officials from the Southwest Florida Chapter of the Florida Public Relations Association (FPRA) collected over 200 toys and gift cards to benefit Children's Advocacy Center of Southwest Florida (CAC) as part of a holiday gift drive honoring a late member.

The toys will be donated to the gift room at CAC, where children and families can choose gifts for siblings and themselves for the holidays. CAC works with families and children who are victims of abuse and neglect, providing therapeutic counseling, parent education and prevention programs to children in Lee, Hendry and Glades counties.

The toy drive was in memory of Janet Wilson, a longtime FPRA member, public relations professional and media representative in Southwest Florida who died in 2019.✱

From page 49

Now Here's A Tip

plastic shower curtain and cut it to fit the windows. Then I secured it with tape. It's worked well to keep out the drafts, and I just remove it once a week and clean the windows with vinegar to

discourage any mold from growing. It will work until next spring, anyway." – PS in Michigan

- There is a reason that most refrigerators have more than one crisper drawer. Some items need to be stored separately. For example, keep apples and carrots in different compartments. The apples give off a gas that can give the carrots a bitter taste.

- A great tip from the American Society for the Prevention of Cruelty to Animals: During the winter, outdoor cats sometimes sleep under the hoods of cars. They can be injured or even killed by the starting of the motor. Before you start your car in the morning (or any time of day, really) give your hood a nice loud rap to give the cat a chance to escape.

- "To keep melting snow, mud and leaves out of your house and off of your floors, line a wide, shallow box bottom with plastic wrap or a kitchen-size garbage bag. Place the lined box near the front door to hold dirty shoes." – RI in Ohio

- Mix some salt with a little bit of water and rub the mixture over your hands for a few minutes to get rid of the smell of garlic or onions from cooking. Rinse under cold water." – JJ in Nevada

STRANGE BUT TRUE

- Snakes can help predict

earthquakes. They can sense a coming earthquake from 75 miles away, up to five days before it happens.

- Pure cocoa can help prevent tooth decay.

- According to Roger Highfield, author of *The Physics of Christmas: From the Aerodynamics of Reindeer to the Thermodynamics of Turkey*, Rudolph's red nose is probably the result of a parasitic infection of his respiratory system.

- The original game of Clue, patented in 1947 by a British man who invented it to pass time during World War II air-raid blackouts, included a lead pipe token made of real lead (it was eventually replaced by steel, then pewter). The original version also included slightly more exotic weapons like a hypodermic syringe and an Irish walking stick.

- There are no muscles in your fingers. Their function is controlled by the muscles in your palms and arms.

- No one ever called *The Lion King* a documentary, but one hyena researcher was so incensed by the film's inaccuracies that he sued Disney for defamation on behalf of hyenas everywhere.

- There's a town called "Big Ugly" in West Virginia.

- The Eiffel Tower was originally supposed to be erected in Barcelona, but the project was rejected because citizens considered it an eyesore.

- It's illegal in New Zealand to name your child Sex Fruit, Fat Boy, 4Real, Cinderella Beauty Blossom, or Fish and Chips.

- Your tonsils can grow back if there was tissue left behind during the removal process.

- If you could use your nose in space, you'd discover it smells like a mixture of hot metal, diesel fumes and barbecue, thanks to compounds called polycyclic aromatic hydrocarbons that emanate from dying stars.

THOUGHT FOR THE DAY

"Not only must we be good, but we must also be good for something."
– Henry David Thoreau

TRIVIA TEST

1. **Movies:** In how many movies did Sean Connery play the character James Bond?
2. **Advertising Slogans:** What product is touted as "the fabric of our lives"?
3. **General Knowledge:** How many laps do drivers have to complete in the Indianapolis 500 race?
4. **History:** How many Pyramids of Giza (Egypt) were constructed?
5. **Music:** Which pop song repeats the chorus, "Why can't you see? You belong with me"?

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6. **Literature:** What kind of novel is written in a series of letters?
7. **Measurements:** How many cups are in 1 pint?
8. **Mythology:** What is the home of the Greek gods?
9. **Anatomy:** How much of the adult human body is made up of water?
10. **Geography:** What is the most densely populated continent on Earth?

TRIVIA ANSWERS

1. Seven 2. Cotton 3. 200 4. Three 5. You Belong With Me by Taylor Swift 6. Epistolary 7. 2 cups 8. Olympus 9. About 60 percent 10. Asia.

SCRAMBLERS ANSWER

1. Regard 2. Strive;
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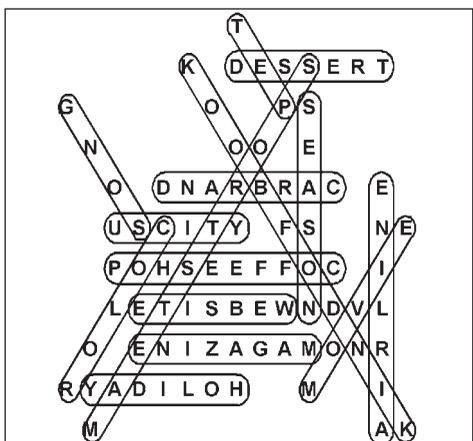
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7	1	3	2	8	6	4	5	9
2	6	5	9	4	3	7	8	1
5	4	1	6	7	8	3	9	2
6	8	2	5	3	9	1	7	4
9	3	7	4	1	2	5	6	8

Top 10 Real Estate Sales

Development	Year Built	City	Square Footage	Listing Price	Selling Price	Days On Market
Lake Forest At Shadow Wood	2007	Estero	4,633	\$1,585,000	\$1,585,000	161
Magnolia Bend	2005	Estero	3,605	\$1,369,500	\$1,325,000	98
Siesta Isles	2001	Fort Myers Beach	3,091	\$1,295,000	\$1,275,000	2
Shell Harbor	1987	Sanibel	2,220	\$1,249,000	\$1,240,000	2
Palm Isles	2015	Fort Myers Beach	2,146	\$1,245,000	\$1,150,000	0
Hidden Harbor	2000	Bonita Springs	3,751	\$1,185,000	\$1,076,600	63
Edgewater	1995	Fort Myers	4,414	\$1,075,000	\$1,042,750	0
The Dunes	1981	Sanibel	2,689	\$1,050,000	\$1,000,000	31
Lakemont	1991	Bonita Springs	3,008	\$967,000	\$950,000	4
Cape Coral	2013	Cape Coral	3,284	\$1,049,000	\$950,000	60

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